

FUTURES

RECOVERY HEALTHCARE

New Blog Post Published: Drug And Alcohol Rehabs Near Me

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Tequesta, Florida based Futures Recovery Healthcare is reaching out to the wider community to announce that they have published a blog post titled "Drug and Alcohol Rehabs Near Me - Take the First Step towards Recovery?". The post looks into drug and alcohol addiction as well as the route to treatment.

In the blog post, Futures Recovery Healthcare explains that the use of alcohol and drugs has unfortunately become commonplace. With the romanticized portrayal of alcohol in advertising, reality shows and other media, along with the widespread availability of drugs, they are not surprised to observe that many people today are using drugs and alcohol to excess. This excessive usage of alcohol and other substances is nothing new, however. Alcohol dates back to as early as 7000 BC in China and between 2000 and 3000 BC in India, and substances such as opioids can be traced back to the first use of opium in the United States in 1775. For as long as they have existed, so have alcohol and substance addiction issues.

Statistics shared by Futures Recovery Healthcare show that the World Health Organization (WHO) reports around 3.3 million alcohol-related deaths across the globe each year. WHO also reports around 31 million people worldwide have substance use disorders. While these numbers portray a sad reality, however, there

is cause for hope. Many addicts are also looking to break free of their addiction and are seeking help to recover from Alcohol Use Disorders (AUD) and Substance Use Disorders (SUD).

Those looking for help with drug and alcohol rehabilitation will be pleased to learn that Futures Recovery Healthcare can provide all the assistance they need. Futures Recovery Healthcare is a state-licensed, Joint Commission accredited behavioral healthcare provider. It treats addiction and co-occurring mental health disorders using an evidence-based, holistic approach that integrates somatic medicine, psychotherapies, physical therapy and wellness services. Futures offers a comprehensive residential and detoxification program, the Orenda concierge program, the RISE adventure-based program and even outpatient services. The healthcare center is proud to state that they emphasize individualization, quality, compassion, continuing care and alumni involvement.

In the blog post, the healthcare center says, "If you or someone you love is struggling with an alcohol or drug addiction, you may find yourself searching online for a drug and alcohol rehab near me. You aren't alone. In fact, drug and alcohol rehab near me is one of the most commonly searched phrases on the internet today? At Futures Recovery Healthcare, we know how hard it can be to just do an online search for drug and alcohol rehabs near me. We also understand how difficult and scary it can be to call or reach out online to one of the addiction treatment centers you find in your drug and alcohol rehab near me searches. Reaching out for help, or even reaching out to learn more, is taking the first crucial step towards recovery and freedom from addiction."

Futures Recovery Healthcare points out that, when someone searches for drug and alcohol rehab centers, it is important that they look for a provider that can address their unique needs. From co-occurring disorders, such as substance abuse and a mental health illness to medication-assisted treatment and medically-supervised detox, each individual has their own specific needs, and the addiction treatment center an addict chooses should be able to meet those needs in order to fully help them recover.

Further, it is also important that the rehab center be able to treat not only the substance use issue but also provide crucial support services to help the addict regain control of their life. A center that helps someone get healthy through well-established nutritional programs and physical fitness, challenges them to find new hobbies and interests and includes their family or loved ones in some part of their recovery has all the essential components of an effective AUD or SUD treatment program.

Futures Recovery Healthcare provides comprehensive alcohol and drug rehabilitation programs that combine all forms of treatment to ensure that the addict will beat their addiction. The healthcare center provides three types of residential treatment programs, intensive outpatient treatment, ongoing alumni meetings and outings, telehealth for the individual in question and their family and much more. The company proudly states that they are dedicated to providing comprehensive, individualized care for the treatment of the complex disease

of addiction.

Those who want to learn more about Futures Recovery Healthcare and their services are welcome to visit the company's website to get started. They encourage interested parties to get in touch with Deja Gilbert of Futures Recovery Healthcare directly via email or phone, and the company can also be reached through the contact form on their website. Futures Recovery Healthcare maintains a presence on Facebook where they frequently post updates, share media and communicate with their patients.

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For more information about Futures Recovery Healthcare, contact the company here: Futures Recovery Healthcare
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Futures Recovery Healthcare

Futures approaches the treatment of addiction and co-occurring physical and mental health conditions as chronic medical problems requiring comprehensive and integrated care and a lifetime of self-management.

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