



## Surgeons at Lift Plastic Surgery Offer Tummy Tuck and Other Procedures that Boost Self-Confidence

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Lift Plastic Surgery, based in Spring, Texas, is pleased to announce that their surgeons, Shitel D. Patel, MD, and Tuan A. Truong, MD, FACS, are offering tummy tuck and other procedures that boost people's self-confidence and self-image. Dr. Patel is a cosmetic, plastic and reconstructive surgeon and the founder and CEO of Lift Plastic Surgery. Dr. Truong is also a cosmetic, plastic and reconstructive surgeon. They want to point out that a tummy tuck, also known as abdominoplasty, can reset the anatomy and balance of the abdomen through the elimination of extra fat and skin through an incision that is hidden in the patient's bikini line. Those who are interested in how a tummy tuck can provide them with the figure they desire, can use an online booking tool to schedule an appointment.

Dr. Patel says, "In order to bring out the best in each patient, we offer procedures that target everything from eyelids and noses to abdomens and breasts. Our meticulous attention to every detail provides you with the absolute best and most natural-looking results."

For the tummy tuck, Dr. Patel or Dr. Truong will make a low incision from hip to hip, and then they will lift the fat and skin off the muscles of the abdominal wall. If necessary, they will then apply liposuction to help eliminate extra fat and contour the waist. Next, they will use permanent sutures to tighten the abdominal muscles, pull down the skin to make it taut and then remove any excess.

In order to secure everything, the surgeon will place special sutures between the patient's fat and abdominal wall to help in reducing fluid buildup and to recreate the normal anatomic lines of the abdomen. The last step would be to put drains in the area and then close the incisions with absorbable sutures and then covering them with skin glue and tape. After the procedure, patients can go home with drains, which will typically need to remain in place for one to two weeks. More about Lift Plastic Surgery can be gleaned from their Facebook page.

Dr. Patel and Dr. Truong also offer other plastic surgery procedures for the face, body, and breast. For the face, they offer the brow lift, blepharoplasty or eyelid surgery, rhinoplasty or nose lift, facelift, neck lift, otoplasty, chin augmentation, facial fat grafting, and jaw surgery. For the body, aside from tummy tuck, they also offer liposuction, mommy makeover, Brazilian butt lift, massive weight loss, gluteal auto augmentation, arm lift, thigh lift, body lift, and labiaplasty. For the breast, they can offer breast cancer care, breast lift, breast augmentation, breast fat grafting, breast reduction, and breast implant removal.

They also offer med spa non-surgical treatments. One example is BodyTite®, which is InMode's cutting edge minimally invasive body contouring procedure. It has the advantage of being able to provide the immediate results that were previously only possible through surgical procedures like the tummy tuck or arm lift.

Meanwhile, Emsculpt® is a non-surgical procedure powered by high-intensity focused electromagnetic energy designed to induce supramaximal muscle contractions. As a result, the abdominal and gluteal muscles are stimulated, providing the equivalent of 20,000 crunches or squats. Thus, it offers body sculpting while also providing the necessary muscle mass and tone.

They also provide Morpheus 8, which is a non-invasive and revolutionary skin rejuvenation treatment. This can help reduce common signs of aging, such as age spots, fine lines and wrinkles, uneven skin tone, hyperpigmentation, and dullness of skin. Skin conditions like acne and stretch marks may also be treated.

Also available are injectable fillers and Botox. These can help with fine lines, wrinkles, contour deformities, and volume loss. They offer the advantage of allowing the patient to look and feel good without too much downtime.

People who want to know more about the tummy tuck or other procedures may want to visit the Lift Plastic Surgery website, call them on the phone, or contact them through email. They may also want to find out their exact location and other important information through their GMB listing. They are open from Monday to Friday, from 8:00 am to 5:00 pm.

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For more information about Lift Plastic Surgery, contact the company here:Lift Plastic SurgeryShitel D. Patel, MD+1 832 835 1131contact@liftplastics.com2255 E Mossy Oaks Rd Suite 500, Spring, TX 77389

## **Lift Plastic Surgery**

*Full service cosmetic and reconstructive plastic surgery.*

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