



## The Youth Fountain Offers Freehold Cool Sculpting Services

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The Youth Fountain, an aesthetic medicine practice based in Freehold, New Jersey, has announced that they are offering CoolSculpting and other body sculpting services in Freehold and neighboring areas. The FDA-cleared CoolSculpting® procedure is a world renowned and proven non-invasive treatment for getting rid of stubborn fat bulges without resorting to surgery. CoolSculpting is arguably the most popular body sculpting process and its beneficial effects have already been experienced by millions of people around the globe. This non-invasive procedure has been found to be capable of eliminating fat almost anywhere in the body, including the double chin, muffin top, love handles, upper arms, inner and outer thighs, underneath the buttocks, and bra fat.

CoolSculpting makes use of controlled cooling or cryolipolysis to destroy fat cells without causing harm to the surrounding skin. These fat cells are frozen and killed, after which the body will naturally get rid of them through the urine. Patients may feel some discomfort as the targeted areas start to cool down to a freezing temperature but these will soon become numb and the patient can relax for the remainder of the process. A key benefit is that it will require little to no downtime. Those who undergo the treatment will be able to continue with their regular daily activities immediately after the treatment.

With regards to whether the results of CoolSculpting will be lasting, Dr. Emil Shakov from The Youth Fountain explains, "Once your fat cells are eliminated, they can never return. This means CoolSculpting can help you achieve long-lasting benefits as long as you maintain a healthy lifestyle and exercise regimen. Any weight gain after your CoolSculpting treatment may lessen your benefits, as the remaining fat cells surrounding your treated area will grow larger." Those who want to know more about The Youth Fountain may want to follow their Facebook page.

Dr. Shakov also explains that the treatment offers fat reduction and this is not the same as weight loss. Losing weight means the fat cells become smaller. However, the number of fat cells in the body will remain the same. On the other hand, CoolSculpting will actually decrease the number of fat cells in the targeted area by up to 25 percent. This means that because the fat cells are now less in number, there would be less capacity for the body to gain weight because the fat cells that have been removed can no longer become bigger.

The Youth Fountain also offers other types of body sculpting services aside from CoolSculpting. These include EmSculpt, Allura, truSculpt 3D, Mesotherapy, and Cellusmooth. In addition, they also offer weight loss and wellness treatments. One of these treatments makes use of hCG, the pregnancy hormone normally produced by the human body. When this is used in combination with a low-calorie diet, people would be able to burn fat, reduce their body size, and experience a more sustainable weight loss compared to just using a decreased calorie diet. This is a daily injection that is self-administered, with Dr. Shakov merely prescribing the injection method.

Another weight loss treatment provided is through the use of lipotropic injections. This makes use of a group of compounds that are safe and can boost a person's metabolism. Thus, it may offer the energy that a person needs when following a diet plan. These compounds may be taken as oral drops but Dr. Shakov prefers the injections. A lipotropic injection is made up of methionine, inositol, and choline. Methionine is an essential amino acid that can prevent the build up of fat in arteries while the body is breaking down the fat deposits. Inositol is a carbohydrate that can convert fats into other forms of energy and helps with the development of healthy cell membranes. Choline is an essential nutrient that helps in the transport and metabolism of cholesterol and fat in the body.

Those who are interested in the body sculpting treatment and other aesthetic medicine services may want to visit the website of The Youth Fountain or contact them through the telephone or via email. Those who want

to know their exact location or other important information about The Youth Fountain may also want to check out their GMB listing.

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For more information about The Youth Fountain, contact the company here: The Youth Fountain Dr. Shakov +1 732-333-5992 info@theyouthfountain.com 501 Iron Bridge Rd Suite 9, Freehold, NJ 07728, United States

## The Youth Fountain

*The Youth Fountain is central Jersey's premiere medical aesthetic spa. We are dedicated to helping you look and feel your best using the latest in anti-aging technology.*

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