



Progressive Spine and Orthopaedics Surgeon Is Top Back Pain Specialist in New Jersey

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Progressive Spine and Orthopaedics, based in Englewood, NJ, has revealed that their spine surgeon, Joshua S. Rovner, MD, is a leading back pain specialist in New Jersey. Dr. Rovner is board-certified in orthopedic surgery by the American Board of Orthopedic Surgeons to practice in the states of New York and New Jersey. His specialization is in spine surgery and he is an expert at robotic spine surgery, which allows the surgery to be done precisely and to be less invasive.

Dr. Joshua Rovner says, "I became a spine surgeon to give people with back pain their lives back. Virtually every adult will have back pain at some point. Most times, this pain is fleeting; but for some, spinal problems become an all-consuming issue that takes the joy out of life. Spinal pain can limit your ability to work, rob you of time with friends and family, and prevent you from living the life you always imagined."

He continues, "When it comes to back pain, conservative treatments are usually the best place to start; however, if conservative treatments fail, spine surgery can often deliver a cure. One of the newest, most effective breakthroughs in spinal surgery is robotic spine surgery, which makes spinal surgery more precise and, therefore, less invasive and safer. I am board-certified by the American Board of Orthopedic Surgeons

to practice in NY and NJ and am one of a small number of doctors in the northeast with the training and ability to perform robotic spine surgery.? Those who would like to know more about Dr. Rovner and the practice may want to follow their Facebook page.

The team at Progressive Spine and Orthopaedics, led by Dr. Rovner, are capable to providing treatment for various spinal conditions. These include general back pain, adolescent idiopathic scoliosis, adult degenerative scoliosis, kyphosis, ankylosing spondylitis, myelopathy, neck pain, sciatic nerve pain, rheumatoid arthritis, spondylosis, sacroiliac joint syndrome, spondylolisthesis, lumbar stenosis, spinal tumors, spinal conditions in children, cervical disc herniation, lumbar disc herniation, and spinal fractures. With regards to spinal surgery, they offer robotic spine surgery, anterior cervical discectomy, cervical disc replacement, lumbar spinal fusion, minimally invasive lumbar discectomy, laser spine surgery, and revision spine surgery.

Robotic spinal surgery makes use of the Mazor Renaissance Robot, which has gained a reputation for its precision and safety when used for neurosurgery in general, and for spinal surgery in particular. The difficulty in conventional spinal surgery is that the surgeon has to determine the appropriate position for the screws through the help of x-rays that were taken before the surgery. Unfortunately, x-rays are unable to provide a complete picture and there is a substantial risk for the improper placement of the screws and even a minor error can result into pain, decreased mobility, and even paralysis.

Robotic spinal surgery removes the uncertainty with regards to the proper placement of the screws with an accuracy of 1mm. This accuracy can minimize the pain and recovery time, and decreases the risk of post-operative complications.

They also provide physical therapy and pain management. Physical therapy, which is typically known for promoting movement and restoring function, is also a very effective modality for treating chronic pain, especially the kind of pain that is due to the spine. As such, physical therapists will usually offer the first clinical treatment for neck and back pain. This is because studies have shown that physical therapy can offer much greater relief for pain resulting from musculoskeletal conditions compared to opioid medication, and that the longer it is applied, the more effective it will be.

People who are interested in learning more about the spine surgery and pain treatment services provided at Progressive Spine and Orthopaedics may want to visit their website, or contact them through the telephone or via email. People who want to know their exact location and other important information can check out their GMB listing. They are open from Monday to Friday, from 8:00 am to 5:00 pm, and on Saturdays, from 8:00 am to 2:00 pm.

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For more information about Joshua S. Rovner, MD, contact the company here: Joshua S. Rovner, MD Joshua S. Rovner +1 201-227-1299 patientcare@progressivespine.net 440 Curry Ave, Englewood, NJ 07631, USA

Joshua S. Rovner, MD

Dr. Rovner is board-certified by the American Board of Orthopedic Surgeons to practice in New York and New Jersey. He is an expert at Robotic Spine Surgery which "makes Spinal Surgery safer, more precise and less invasive".

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