



Newly Launched Cooling Towels Website Offers Reviews and Tips on How to Stay Cool

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CoolingTowels.com is a newly launched website that provides reviews of the best cooling towels, including other information on how stay cool during warm weather and when doing strenuous exercise. First of all, they provide a review of the 10 best cooling towels that are available on Amazon.com. These were evaluated based on cost, durability, material, and size.

Cooling towels are actually pieces of fabric that were originally designed to help athletes lower their body temperatures as a way to enhance their performance. However, cooling towels have been becoming more popular outside of sports and most people find them to be useful, especially during the summer. They can also be helpful for some health-related issues as they can effectively reduced skin temperature by up to 30 degrees and relieve discomfort and pain.

A cooling towel makes use of the principle of evaporative cooling, which occurs when water evaporates as it naturally pulls heat away from its surroundings to transform liquid water into vapor. The liquid water gets its energy from the surrounding surface with the result that the temperature of the surface is lowered.

As such, using a cooling towel is simple. It only requires soaking or putting the towel under running tap water for about 30 seconds. The next step is to wring the towel until it feels damp, but not wet to the touch. Then the cooling towel is simply placed on the area that has to be cooled. Just like when using an ordinary damp towel, the cooling towel may warm up after a certain period of time, but it is only necessary to repeat the first two steps and then apply it again on the area.

Cooling towels are designed to allow them to hold more water than regular towels and then allow the water vapor to escape faster into the surrounding air. This makes them remain cooler for longer with most brands stating that their towels can remain cool for as long as three hours.

According to CoolingTowels.com, the 10 best cooling towels available on Amazon.com are the: Mission Enduracool Microfiber Cooling Towel, which has been deemed to be the best overall; Alfamo Cooling Towel, which is the cheapest; Chill Pal Original Cooling Towel, which has been deemed to be best in value; Tough Outdoors Cooling Towel, which is their luxury pick; Frogg Toggs Chilly Pad Cooling Towel; SYourself Cooling Relief Towel; Chill It's Cooling Towel; Chill Pal Ultimate Cooling Towel; Way 2 Cool Mesh Cooling Towel; and Way 2 Cool Elite Microfiber Cooling Towel.

The Mission Enduracool Microfiber Cooling Towel has been considered to be the best overall because it combines quality and affordability, and it is available in a variety of colors. It is made of 90 percent polyester and 10 percent nylon, which provides the stretch and flexibility that is required for daily use while being soft to the touch.

The Alfamo Cooling Towel is not only the cheapest but it is also available in a wide range of sizes, with the smallest being 33 x 11 inches and the biggest being 60 x 20 inches. It can be used as a neck towel, bandana, scarf, or as a head cover for hot flashes.

The Chill Pal Original Cooling Towel makes use of a thicker than normal design to boost its cooling capacity, which means it stays cool longer. It makes use of thick PVA with evaporative technology, which simply means it can contain more water.

The Tough Outdoors Cooling Towel makes it easy to remain cool and energized while doing some outdoor activities or engaging in sports. It is easy to bring along as it is lightweight and it comes in a versatile carrying pouch. It also comes with UPF50 sun protection to keep the skin cool and protected from the sun.

Those who would like more information regarding cooling towels may want to check out the Cooling Towels website at <https://coolingtowels.com>, or contact them through the phone or via email.

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For more information about Cooling Towels, contact the company here: [Cooling Towels Cody Wise](https://coolingtowels.com) 5039088696 info@coolingtowels.com

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At [CoolingTowels.com](https://coolingtowels.com) where we will review the best cooling towel products available as well as share some tips and tricks to help our readers stay cool.

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