Joe Sciabarrassi, MD, Offers BHRT for Anti Aging Effects, Not Just for Menopause

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Joe Sciabarrassi, MD, of Radiant Healing Arts Center in Los Angeles, CA, is offering bioidentical hormone replacement therapy (BHRT) not just for treating the symptoms of menopause but also for its anti-aging effects for both men and women. BHRT is different from the conventional hormone replacement therapy (HRT) in that it makes use of hormones that are exactly the same as the patient?s own hormones. Studies have shown that BHRT may not only help in treating menopausal symptoms but it may help prevent several age-related diseases, while being far safer than the traditional synthetic HRT.

In a pilot study by the Marion Gluck Clinic and published in the Journal of Prescribing Practice, among 69 women who were given BHRT for menopausal symptoms, there was a 52 percent improvement in their quality of life. All of the 21 symptoms of menopause that they monitored were substantially improved after the treatment.

Meanwhile, in a recent study published in the International Journal of Dermatology, it was found that BHRT may even help with improving skin appearance. It should be noted that as a person ages, the body produces less collagen, which is essential in preventing sagging, wrinkles, and moisture loss. Estrogen can boost collagen production and skin thickness. The authors of the study recommend the use of customized BHRT starting in the years immediately surrounding menopause in women or andropause in men. In addition, a combination of topical and oral estrogens and dehydroepiandrosterone may help in further improving cosmetic results because research has shown that both are effective on their own for improving wrinkles and thickening the skin.

Joe Sciabarrassi, MD, of Radiant Healing Arts Center also offers ozone therapy. Ozone has three oxygens in one molecule but the third atom makes it unstable. Thus, an ozone molecule has the tendency to lose the third atom, which when released attaches itself to a bacterium, parasite, fungus, virus, or any other pollutant. Studies have revealed that when used as part of a therapeutic program, ozone therapy may help in supporting longevity and optimal health.

Ozone therapy may also help in treating a number of conditions. These include Lyme and tick-borne infections; mold and mycotoxin illness; muscle and joint pain; chronic and acute back pain; arthritic and osteoarthritic joints; sports injuries and rotator cuff tears; chronic vaginitis; recurrent or chronic yeast infections; herpes, including recurrent herpes infections; interstitial cystitis; chronic hepatitis; chronic sinusitis; angina and coronary artery disease; autoimmune diseases; chronic fatigue syndrome and fibromyalgia; and heartburn, indigestion, and GERD.

Ozone therapy has also been found to: support robust immune function; stimulate increased oxygen uptake by the cells, lead to greater energy; improve circulation; boost antioxidant protection; and stimulate mitochondrial function. There are a number of methods to deliver medical grade ozone to a body. These include intravenous (IV) drip, water, insufflation (filling a body cavity, such as the rectum); and topical oils. The chosen method of administration will depend on the expected results of the treatment. For example, for the treatment of skin conditions or blood circulation issues, the use of ozonated olive oil or bathing in ozone water may help. IV or insufflation is usually applicable for chronic infections. For ulcers, digestive problems, and gum disease, drinking ozonated water may be recommended.

At the Radiant Healing Arts Center, they customize every treatment plan based on the specific needs of each patient. Being a holistic medical clinic in West Los Angeles, they aim to treat the patient?s body, mind, and spirit, with the goal of healing or optimal radiant health.

And with almost one third of the US population suffering from chronic pain, they also offer prolozone therapy, which can play an important role in providing long-term relief. Prolozone therapy is a combination of ozone therapy with neural therapy and prolotherapy. Neural therapy consists of procaine injections for the purpose of stimulating healing. Prolotherapy consists of injections to trigger the inflammation that helps in healing.

Those who would like to know more about the anti-aging benefits of BHRT and other treatments at Radiant Healing Arts Center may want to check out their website, or contact Dr. Joe Sciabarrassi through the telephone or via email.

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Dr. Sciabbarrasi offers cutting-edge holistic and integrative medicine in a caring and supportive environment. His focus is on individualized medical care utilizing original and innovative approaches.

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