



## **Dentist in Northbrook IL Explains What Would Happen If a Person Doesn't Brush for Days in New Blog Post**

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Northbrook Dentist Office, a dental practice in Northbrook, Illinois, has explained what would happen to a person who doesn't brush for days, in a newly published blog post. The article describes the various things that will happen to the teeth and gums in that particular person who skips brushing for several days. These include having unbearable bad breath, the buildup of plaque and tartar, and the formation of cavities that lead to tooth decay.

Dr. Steven Kacel, the head dentist at Northbrook Dentist Office, explains, "Teeth brushing is a crucial part of overall dental hygiene. It's as important as visiting a dentist in Northbrook regularly. It's something that all citizens need to do every single day. Bad things will happen to the teeth and gums if people skip days."

He adds, "Meanwhile, we can help people in Northbrook and nearby areas take better care of their teeth. We can advise the patient on the best practices to get involved in to keep the mouth healthy and fresh. Interested persons can schedule an appointment at Northbrook Dental for a full exam and cleaning as well as the necessary guidance for oral health."

First of all, bad breath can occur very fast if a person fails to brush the teeth for three days. This is because bacteria building up in the mouth quickly. The food that gets stuck in between the teeth and on the inside and outside. In addition, the tongue tends to attract bacteria. The resulting bad breath will most likely be unbearable to most people.

The second thing that can happen is the buildup of plaque and tartar, which can occur in just one day without brushing the teeth. Plaque is a film on the teeth that contains a lot of bacteria and will result into gingivitis if not properly taken care of. Tartar is a hard deposit on the teeth and both plaque and tartar can cause substantial damage to the gums and teeth. The dentist will need to scrape them off with a special tool to prevent dental problems.

And finally, there is the formation of cavities in the teeth. These cavities ultimately result into tooth decay that could result into lost teeth and costly dental procedures, such as root canals. Dr. Kacel can help patients prevent these things from worsening into situations where surgery would be required. Those who would like to read the blog post can visit the Northbrook Dentist Office website at <https://northbrookdentistoffice.com/>.

The Northbrook Dentist Office offers different kinds of dental services for patients in Northbrook and surrounding areas. These include porcelain crowns and bridges, dentures and partial dentures, porcelain veneers, Invisalign, teeth whitening, cosmetic bonding, digital x-rays and infrared cavity detection, and treatment for snoring and sleep apnea.

They may also offer dental implants for replacing lost teeth. Dental implants can offer various benefits, such as: improved speech, improved comfort, enhanced appearance, boost in confidence and self-esteem, enhanced oral health, better eating, and the ability of the implants to last for a long time.

They can also provide dental veneers, which can be employed to repair teeth that have been chipped, discolored, worn down, or broken. These are actually very thin shells of porcelain that are colored to resemble teeth. They can be used to change the color, size, or shape of teeth to enhance the patient's smile.

Dr. Kacel also provides all types of porcelain crowns and bridges. Dental crowns, which are popularly known as "caps," offer cosmetic and functional and benefits. They are often applied as the last step after a root canal treatment; for weak and decaying teeth; for chips and cracks; and lost teeth. All of the porcelain crowns offered at the Northbrook Dentist Office are completely free from metals and are customized to fit the shape, size, and color of the teeth.

People who are searching for a dentist in Northbrook IL may want to visit the Northbrook Dentist Office, or

contact them through the telephone, or via email.

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For more information about Northbrook Dentist Office , contact the company here:Northbrook Dentist Office  
Dr. Steven Kacel (847) 457-0400northbrookdentist@gmail.com1535 Lake Cook Rd Suite 107Northbrook, IL  
60062

## **Northbrook Dentist Office**

*Our Northbrook dental facility is state of the art, providing high level services to individuals of all means. Dr. Kacel  
D.D.S., M.A.G.D., F.A.D.I, is a specialized dental provider and has been serving patients throughout the community for  
33 years.*

Website: <http://northbrookdentistoffice.com/>

Email: [northbrookdentist@gmail.com](mailto:northbrookdentist@gmail.com)

Phone: (847) 457-0400

Steven N.  
**Kacel D.D.S. P.C.**  
Cosmetic & Reconstructive Dentistry