



La Costa Dental Practice Explains the Causes of a Gummy Smile and How This Can Be Remedied in New Blog Post

August 27, 2020

August 27, 2020 - PRESSADVANTAGE -

Solana Family Dental, a La Costa dental practice, has explained the causes of a gummy smile and what can be done about it in its new blog post. A gummy smile, where too much gum is shown when a person smiles, is not really a medical emergency but it may cause a person to feel self-conscious. Before a gummy smile can be remedied by a dentist, its actual cause must be determined. Common causes include a shortened upper lip, short teeth, gum diseases, excess gum tissue, incorrect tooth position, and hyperactive upper lip muscles. The dentist will conduct an examination to find out the real cause of a particular person's gummy smile. This may require digital x-rays and/or a bite assessment for the dentist to be able to make an accurate diagnosis.

Elan Weinstein, a representative for Solana Family Dental, says, "Regardless of the cause of a gummy smile, let the experts guide you and help you solve this esthetic dilemma so you can smile with confidence. Fortunately, there are many dental procedures that our dentist can perform that can change your smile if it makes you uncomfortable."

One of the common reasons for having a gummy smile is that some teeth have erupted incorrectly and are therefore short and covered partially with too much gum tissue. What the dentist can do is to lengthen the teeth by using dental veneers or crowns to improve the teeth size relative to the adjoining gums. Those who are interested in reading the blog post can visit the Solana Family Dental website at <https://solanabeachdentistry.com/>.

Another common cause of a gummy smile is a shortened upper lip. This will naturally result in exposing too much gum when a person smiles. It can be remedied through a lip repositioning surgery that is performed by a qualified plastic surgeon.

Gum diseases may also cause a gummy smile by causing the gums to be inflamed. This results in the swelling of the gum tissue surrounding the teeth. A dentist can provide a remedy by treating the gums with a root planning and scaling procedure.

A gummy smile may also be caused by a hyperactive upper lip muscles, which raise the lips a bit too far. Or it may be caused an incorrect tooth position resulting in the teeth pushing the upper lip and exposing too much gum. This can be remedied by a simple orthodontic movement to enhance the outline of the gum line by intruding the teeth.

Solana Family Dental utilizes ultramodern technology and best practices for the different dental procedures that is performed for its comprehensive dental services. They offer a number of dental procedures, such as cosmetic dentistry, Invisalign and Clear Protect, teeth cleaning and prevention, dental restorations, family dentistry, periodontal disease treatment, dental emergency procedures, and teeth whitening.

They want people to focus on prevention rather than cure. Thus, they recommend regular cleanings and prevention. Preventive measures help to preserve natural teeth and allows people to avoid any unnecessary medical expenses resulting from serious dental diseases and conditions. These measures include regular professional cleaning and dental exams.

When a patient visits them for the first time, they will perform a thorough dental examination and cleaning. Their comprehensive dental exam will include: oral cancer screening; gum disease evaluation; digital, low dose radiographic examination if needed; examination of existing restorations; TMJ evaluation; examination of tooth decay; orthodontic examination (tooth position and bite); and head and neck screening. Their dental cleaning services will include: removal of plaque and accretions; teeth polishing; removal of calculus (tartar); and fluoride application, if needed. They will also suggest a number of things to do at home to improve a person's oral health. These include brushing the teeth twice or thrice a day with fluoridated toothpaste, rinsing after meals if unable to brush, and flossing the teeth once a day.

People who are looking for a La Costa or Solana Beach dentistry office may want visit the Solana Family Dental website, or contact them through the telephone or via email. Solana Family Dental is located in Solana Beach, CA, and serves various areas aside from Solana Beach and La Costa, such as Del Mar, Encinitas, San Diego, La Jolla, and Carlsbad.

###

For more information about Solana Family Dental, contact the company here: Solana Family Dental Elan Weinstein 858-869-1367 elan@increaseyourprofits.com 665 San Rodolfo Dr. #117 Solana Beach, CA 92075

Solana Family Dental

Dr. Sandler and Dr. Kauffman are a mother and a daughter team who have come together in a partnership to offer you the highest quality dental services to achieve that healthy smile.

Website: <http://solanabeachdentistry.com/>

Email: elan@increaseyourprofits.com

Phone: 858-869-1367



Powered by PressAdvantage.com