



LINDEN BOTANICALS

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Linden Botanicals Launches Line of Botanical Extracts Based on Their Most Popular Extracts, Including Cistus Tea

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Linden Botanicals is pleased to announce that they have recently launched a line of botanical extracts based on their most popular extracts and were previously only available in bulk quantities. These are teas and extracts that include the following: *Cistus incanus*, *Phyllanthus niruri*, *Terminalia chebula* (haritaki), and *Ocimum sanctum* (tulsi, holy basil). *Cistus incanus* tea, which is also known as Cistus tea and Rock Rose tea, has become popular because it may make a person become repellent to biting insects, such as mosquitoes and ticks. Recently, it has also been observed that it may be able to help the body in dealing with retroviruses.

In addition to providing these extracts and teas in small form factor products, Linden has created new packaging that was designed by owner Michael Van Der Linden. The new small form products are named after the specific benefits they support. The names of the new products are Ack, Oomph, Savvy, Gurgle, Yowza, Hurrah, Achoo, Om, Ahhh, Yip-Pee, Aha, and Swish.

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Michael Van der Linden from Linden Botanicals says, "Cistus incanus tea is rich in bioflavonoids and polyphenols. Cistus tea ameliorates cold and flu symptoms in about 2 days after drinking the first cup. Studies have shown that Cistus has powerful antibacterial, antiviral, and biofilm-breaking qualities. These studies suggest that Cistus targets viral envelope proteins, preventing the primary attachment of the virus to host cells. This reduces the virulence and reproductive ability of the pathogen."

In traditional medicine, Cistus incanus tea has been used as a mouthwash for preventing cavities and as an anti-inflammatory. It has also been utilized to help wounds heal faster, enhance heart health, and prevent ulcers. In laboratory studies, it has been found to have biofilm dissolving and antiviral activity. Studies have also shown that Cistus may be able to inhibit the activity of viral envelope proteins in various types of viruses.

Meanwhile, Phyllanthus niruri, also known as Chanca Piedra and Stone Breaker, is considered to be the world's most beneficial plant. It has more than 100 identified bioactive compounds. It is most popular for its potential to eliminate kidney stones and gall stones and help address chronic illnesses. It is commonly used to help support the renal system, help the immune and lymphatic systems fight viruses and bacteria, help support the digestive system, and help reduce stress on the pancreatic system. It has been used for thousands of years and it is currently the focus of more than 1,600 scientific studies.

Included in the new line of botanicals is Vaccinium (bilberry). Vaccinium is commonly known as, "the brain berry." According to Van der Linden, Vaccinium may help support brain health, memory, and focus. In Linden's line of small form factor products, Bilberry extract is being called, "Savvy."

Also included is Ocimum sanctum, which is also known as Tulsi and holy basil. This medicinal plant may support stress relief, emotional wellness, and heart, brain, and respiratory health. Holy basil has been used for thousands of years and has been prevalent in Unani, Greek, and Ayurvedic systems of holistic health. It is an adaptogen that may be able to balance various processes in the body and help the body in adapting to the stresses of life. In Ayurveda, it is considered to be an elixir of life and it is believed to help promote longevity. Hundreds of studies provide a basis for the therapeutic applications of Ocimum sanctum. It is recognized for its capability to support issues related to immunity, metabolic syndrome, cardiovascular disease, psychological stress, neurocognition, and diabetes.

Those who would like to learn more about the botanical extracts and their benefits may want to check out the Linden Botanicals website or follow Linden Botanicals on Facebook.

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For more information about Linden Botanicals, contact the company here: Linden Botanicals Michael Van der Linden info@lindenbotanicals.com

Linden Botanicals

At Colorado-based Linden Botanicals, our passion is plant-based health. We travel the world to find the best herbal teas, powders, and extracts to help you optimize your physical, mental, and emotional health.

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