



*Westside Dental Center*  
HEALTHY SMILES FOR THE WHOLE FAMILY!

## **Dentist In Plantation, Florida Provides Innovative Solutions For Dental Anxiety**

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Westside Dental Center in Plantation, Florida, under the supervision of Dr. Uttma S. Dham, has announced that they offer innovative ways for their patients to deal with dental anxiety.

According to recent studies, an estimated 9 to 15 percent of all Americans avoid visiting the dentist because of anxiety. It is a fear that affects patients of all ages. Dr. Dham explains, "Adults as well as children experience anxiety, and many avoid receiving the dental treatment that they need because they are afraid of sitting in the dental chair."

Dr. Dham and his team at Westside Dental Center offer a number of options for patients who suffer with anxiety brought on by their dental visit. The dentist Plantation patients can to go to advises them to take some time and relax before their visit, remembering that oral health is as important as general health. "If they aren't afraid to see a doctor, then they should be just as fearless when visiting the dentist," states Dr. Dham.

Sedation dentistry is available as well. Dr. Dham states that quite a few of his patients opt for dental sedation, although he does recommend trying to deal with anxiety with other ways first and using sedation as a last

resort. For those who simply cannot get past the dread of visiting the dentist, intravenous sedation does help many patients to relax long enough to receive the dental care that they need.

"We offer a wide range of Plantation dental services," states Dr. Dham. "Sedation dentistry is only one of those services, but it is one that is very helpful to our patients who truly need it in order to receive the dental care that they require."

During sedation dentistry, patients are given intravenous medication, often along with anesthetics that enables them to relax, and often drift off to a peaceful sleep. Although it does not provide pain relief, it can help the patient to overcome the fear of the dental chair and be more comfortable while undergoing the procedures.

More about the Plantation dentist services that are provided by Dr. Dham and his staff can be seen at the Westside Dental Center's website.

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For more information about Westside Dental Center , contact the company here: Westside Dental Center Dr. Uttma S. Dham (954) 289-5044 westsidedmd@gmail.com 180 SW 84th Ave Suite D Plantation FL 33324

## **Westside Dental Center**

*Anyone looking for superior quality and caring Plantation dental services can always rely on Dr. Uttma Dham and her team at Westside Dental Center. Dr. Dham is the residents' trusted Plantation Dentist for their dental needs.*

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