



Eleanor Health Durham Now Accepts Virtual Customers in the Raleigh North Carolina Area

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Eleanor Health Durham, an addiction treatment service provider based in Durham, North Carolina, has announced that they now offer virtual intakes for new members in addition to their telehealth services, in response to the restrictions caused by the COVID-19 outbreak. This means that residents of Raleigh North Carolina and neighboring areas may now begin and receive the same kind of addiction treatment available at the different clinic locations of Eleanor Health from the comfort of their homes or any location that is convenient for them.

By using a telephone, computer, or any Internet-capable device, people can gain access to Eleanor Health's private and secure online intake system to virtually take the initial steps in their recovery journey. These steps are the: virtual registration; virtual medical and nursing assessments; virtual MAT induction for suboxone, buprenorphine, and vivitrol; virtual clinical and recovery partner assessments; virtual psychiatric evaluation; and virtual ongoing care with the Eleanor Health team to include MAT, psychiatric medication management, individual and group therapy, nurse care navigation, and peer support.

With the restrictions caused by COVID-19, Eleanor Health offers telehealth services to provide support to

members of the Eleanor Health community. As an important component of a member's comprehensive addiction treatment plan, telehealth can be a helpful tool that will connect a member to his or her care team where and when it is required. This can help the members: get rid of any feelings of isolation created by addiction; get addiction care even if they live in a remote location or can't make it easily to a clinic; continue their treatment without stepping away from their job or other responsibilities; discretely obtain assistance from a therapist or counselor; and communicate with their care team from wherever they are.

Through TeleMAT, the medication-assisted treatment (MAT) team from Eleanor Health can offer services throughout New Jersey and North Carolina. They can provide same-day virtual visits and by using telehealth, members can meet with a member of the MAT team get a prescription for medication.

Through TelePsychiatry, the Eleanor Health psychiatric team offers telehealth services throughout New Jersey and North Carolina. Members can consult with one of their psychiatric practitioners to obtain treatment for mental health conditions, which occur alongside with their addiction.

With TeleNursing, members can discuss through a virtual visit with one of the Eleanor Health nurses any or ongoing physical health requirements. Through TeleTherapy, members are able to use telehealth to participate in virtual individual, group, or family therapy sessions with a counselor or therapist. And with the TeleRecoverySupport, members can communicate with a Community Recovery Partner (CRP) to obtain the assistance needed to get rid of barriers to recovery so that they can feel secure and stable all throughout their treatment.

Eleanor Health Durham offers comprehensive substance use disorder care that includes therapy, medication, and connection to resources. These include recovery resources, psychiatric services, medication, therapy & counseling, and telehealth.

Recovery resources are provided by CRPs to address the specific needs of a person undergoing recovery. As such, they will provide support in identifying and avoiding stressors, address any problems that may arise, and resolve any barriers to recovery. Their services include: finding and engaging with the proper community resources for the member's specific needs; setting goals for recovery; scheduling healthcare appointments; communicating with the member's family about his or her addiction; connecting with peer groups; locating safe housing; arranging child care; helping the member get a job that he or she enjoys; reintroducing daily living skills, such as nutrition, money management, and organization; and many more.

Those who are interested in starting their recovery journey may want to contact Eleanor Health Durham and take advantage of their virtual intake process. And for those who are not yet sure that they are ready to begin

treatment, they may want to join one of Eleanor Health's free virtual support groups or they can book a free 15-minute consultation. They are open from Monday to Friday, from 8:30 am to 4:30 pm.

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For more information about Eleanor Health Durham, contact the company here: Eleanor Health Durham
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Eleanor Health Durham

Our mission at Eleanor Health is to help people struggling with addiction live amazing lives.

Website: <https://www.eleanorhealth.com/locations/north-carolina/durham>

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