

# Arlington VA Auto Accident Chiropractor Accepts All Third-Party Insurance Claims

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Jefferson Spine and Injury Center, a chiropractic clinic based in Arlington, VA, offers treatment and care for auto accident victims and accepts all third-party insurance claims. This allows them to offer no-cost, no hassle accident injury care for car accident victims. Under the leadership of Dr. Holcombe DC, they are able to provide treatment for injuries such as, whiplash, back pain, herniated discs, and neck pain. They can also provide chiropractic treatment for common injuries, such as carpal tunnel syndrome, general back pain, and sciatica.

Dr. Leslie Holcombe DC says, "If you have been injured in an automobile accident, you may need chiropractic care. These types of soft tissue injuries can be difficult to diagnose because they do not show up on an x-ray. Potential health problems can occur days, weeks or months later if left untreated. We will help you to fully recover from your accident related injuries by properly diagnosing, documenting, treating your soft tissue injuries. Patient care is coordinated with other medical specialists, such as a neurologist, orthopedic surgeon, pain management doctor, or neurosurgeon."

The most common injury suffered by a victim of a low impact rear-end car accident is whiplash injury. This is a soft tissue injury that results from fast acceleration or deceleration that caused the neck to snap back and forth and also forces the spine to travel beyond its usual limits. The muscles and the ligaments that support the spine may be torn and/or the spinal discs may be torn, ruptured, or have bulged. In addition, the nerve roots in the neck might have been stretched and are irritated.

If the whiplash injury is left untreated, the scar tissue can cause the victim to suffer from impaired bodily function for life. Meanwhile, an article published in the Journal of Orthopedic Medicine noted that chiropractic care offers the best treatment for patients who are suffering from long-term whiplash. The article observed that out of 28 patients with chronic whiplash, 26 or 93 percent became better with chiropractic care. There are a number of symptoms of whiplash to look out for. These include: dizziness; ringing in the ears or blurred

vision; neck pain and stiffness; difficulty concentrating or remembering; muscle spasm or weakness; headaches; anxiety; shoulder/arm pain; irritability, fatigue; low back pain and stiffness; sleep disturbances; hip pain/leg pain; tingling or numbness in the legs/feet; and tingling or numbness in the arm/hand/fingers.

Jefferson Spine & Injury Center can also provide treatment for back pain. There are various possible causes of back pain, which is why they will first determine the root cause of the pain and then determine the best possible treatment to help the patient recover.

Shoulder pain is another potential result of an auto accident. It may be due to direct trauma or it could be secondary to neck injury. The auto accident chiropractor at Jefferson Spine and Injury Center will first find out the root cause of the symptoms and then come up with a treatment plan designed to correct the underlying issue. If required, the chiropractor will refer the patient to other specialists for further examination.

Meanwhile, for disc problems, Dr. Leslie Holcombe DC uses the Cox Flexion Distraction Manipulative Spinal Decompression Technique, which is a unique and effective treatment for disc problems, whether it is a bulging disc or a ruptured disc.

Jaw pain may also result from an auto accident. This can be difficult to diagnose because the symptoms may not be immediately apparent after an accident. This is because it may actually be caused by injured neck tissues. Thus, the accident doctor and the staff at the chiropractic clinic will work with the patient to find out the root cause of the jaw pain and then establish a plan that is the best way to treat the issue.

Those who are looking for an auto accident chiropractor in Arlington may want to check out the Jefferson Spine and Injury Center website at <https://www.vaaccidentdoctor.com/>, or contact them through the telephone or via email.

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For more information about Jefferson Spine & Injury Center, contact the company here: Jefferson Spine & Injury Center Dr. Holcombe DC (703) 933-9000 611 S Carlin Springs Rd #204 Arlington, VA 22204

## **Jefferson Spine & Injury Center**

*Jefferson Spine & Injury Center has been treating the greater Arlington, VA area with advanced chiropractic care for auto accidents for over 20 years.*

Website: <https://www.vaaccidentdoctor.com/>

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