



## South Carolina Medical Spa, Back To 30 Botox Procedures Yield Promising Results

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Back To 30, a medical spa in South Carolina is offering BOTOX procedures for residents in Upstate South Carolina. The spa serves the areas of Greenville, Spartanburg, Anderson, Simpsonville, and Boiling Springs. Its BOTOX procedures have yielded promising results for its patients. Its website showcases over 60 cases of impressive and dramatic, before and after results.

The BOTOX procedure was approved by the FDA in the late 1980s to treat a wide range of medical concerns. It has proven to be especially effective in reversing the cosmetic effects of aging. The injection contains botulinum toxin, a protein that can temporarily immobilize facial muscles. This causes relaxation of those muscles, resulting in the smoothing of the overlying skin and reducing the chances of developing lines and wrinkles. The procedure is commonly used to treat signs of aging such as crow's feet, frown lines, forehead creases, lines around the mouth and chin, sagging or drooping eyebrows, and more.

The BOTOX Cosmetic procedure is non-invasive and most of them can be completed in a 10-minute session.

In industry parlance, it is considered a "lunchtime treatment" because it allows patients to return to their daily schedule of non-strenuous activity. On average, it takes around 3 to 5 days to see the first results from the procedure and up to two weeks to see the final results. The spa's website, however, makes a point to note that the results are not guaranteed, may not be permanent, and can vary per individual.

The procedure is painless and most patients notice little to no discomfort during the procedure. According to research published by JAMA Dermatology, 90% of patients experience no negative side effects from injectable fillers. The treatment area can also be numbed with an anesthetic or a cold pack to ensure the patient's comfort. Patients may experience some minor redness, pain, or bruising shortly after the injections. However, the spa claims that these side effects should fade within a few days.

The spa recommends multiple precautions that can be taken in the weeks leading up to a BOTOX treatment to reduce the chance of side effects. This includes ceasing the intake of blood-thinning medications such as Aspirin, Ibuprofen, Excedrin, Motrin, Ginkgo Biloba, Ginseng, Flax Oil, Fish Oil, Vitamin A, and Vitamin E up to two weeks before a BOTOX session. The spa recommends Tylenol as a good alternative to anti-inflammatories. It also discourages the use of alcohol up to a week before the procedure.

BOTOX procedures are known to be a temporary solution as results usually last up to four months on average and regular treatments are required to maintain them. The spa recommends practicing basic skincare and health care routines to keep up the effects of the treatment. This includes reducing sun exposure, protecting the skin against UV rays through the use of sunscreen, moisturizing the skin daily to keep it plump and firm, adequately hydrating, avoiding processed and packaged foods, and minimizing day to day stress.

Back to 30 claims to be in the top 1% nationally of Allergan accounts, the producer of BOTOX Cosmetic. This award is given only to the top 1 percent of all BOTOX Cosmetic and filler providers in the country. It was also voted Best of the Upstate for BOTOX Cosmetic and Fillers by the Greenville News in 2018. Apart from BOTOX, the spa also offers multiple facial rejuvenation procedures including, Brow Design, Brow/Lash Tint, Dermal Fillers, PRP Facial, KYBELLA, Microblading, Microneedling, Thread Lift, XEOMIN, and more. The spa also claims to offer a customized 90-day makeover that applies a combination of state-of-the-art procedures based on the patient's individual needs.

The spa's website can be used to request consultations online. They can also be reached at +1-864-372-3003. The website links to its social media including a Twitter account, a Pinterest page, an Instagram page, and a Facebook page. The spa offers in house financing options for patients. It holds a draw each month to give patients a chance to win 10 units of free BOTOX Cosmetic.

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For more information about Back to 30, contact the company here: Back to 30+1  
864-372-3341 info@backto30.com 500 E McBee Ave, Greenville, SC 29601, United States

## **Back to 30**

*Back to 30 is a group of medical clinics whose mission is to help individuals regain and maintain their youth.*

Website: <https://www.backto30.com/>

Email: [info@backto30.com](mailto:info@backto30.com)

Phone: +1 864-372-3341



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