



## **Lantern Crest Senior Living Offers Independent Living for Seniors in San Diego**

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Lantern Crest Senior Living, based in Santee, CA, reveals that they are offering luxury senior community independent living in San Diego. These independent living residences have been designed to provide active seniors with an engaging lifestyle while downsizing and simplifying their life. And for seniors and retirees who may need additional care and services because of dementia or Alzheimer's, they also provide a San Diego area memory care facility.

Lantern Crest offers various amenities and resort-style services for their independent living residences, such as: heated outdoor swimming pool and jacuzzi; indoor / outdoor fitness center; over 300 cable channels, including premium channels; high-speed Wi-Fi in all apartments and common areas; game room; movie theatre; salon / spa; onsite restaurant with outdoor terrace; lounge and grille; onsite entertainment / program director; activity and craft rooms; recreational outings; library and computer lounge; bistro; parking garage; pet-friendly community with a dog park; putting greens; outdoor BBQs and pizza oven; concierge services; ATM; scheduled transportation; and 24-hour emergency response.

Meanwhile, their memory care facility has been carefully designed for seniors with memory loss. These

residences provide a range of programs and activities for the residents. The memory care apartments are either studio or one-bedroom residences. Memory Care at the Ridge provides a broad range of amenities and lifestyle services. These include: the choice of bright studio or one bedroom apartment; 3 daily home-style meals & nutritious snacks; weekly housekeeping, linen, and personal laundry service; 24-hour emergency response; intuitive, compassionate employees, specially trained to meet the senior's unique needs; a secured environment; fun, engaging, memory-stimulating activities and events; activity and craft rooms; cable television; high-speed Wi-Fi in all common areas; and recreational outings.

A spokesperson for Lantern Crest Senior Living says, "It can be difficult to determine what level of care is needed for a loved one. Talk to our skilled staff today to go over your individual needs or the needs of a loved one looking for a senior care solution. Lantern Crest offers a continuum of care that matches the needs of active, healthy seniors all the way to those with more complicated needs surrounding their health and personal care."

He adds, "Set up a tour of Lantern Crest's independent living, assisted living, and memory care residences! Prospective residents and their loved ones can also see the entire community to get a better feel for all the facilities and services we offer."

Lantern Crest also offers assisted living facilities, known as Assisted Living at The Ridge. This ensures that the senior residents are able to maintain their independence while having access to 24-hour care while doing their daily living activities. Residents set their own daily schedules, choosing from a broad selection of outings, fun activities, and events that they prefer, while having the peace of mind knowing that top quality support is available at any time.

Assisted living amenities include: a choice of spacious, bright studio or one-bedroom apartment; kitchenette, including microwave and full-sized refrigerator; delicious meals from their Montecito restaurant & nutritious snacks; resident-centered personal care plan; weekly housekeeping, linen, and personal laundry service; 24-hour emergency response; activities and recreational events; fitness center; scheduled transportation; cable television; high-speed Wi-Fi in common areas; and a pet friendly environment.

They also offer villa living for seniors at East County San Diego. Dedicated employees of Lantern Crest will be responsible for all housekeeping and maintenance needs, allowing residents to simply enjoy a carefree and vibrant lifestyle. Amenities include: heated outdoor swimming pool and jacuzzi; indoor / outdoor fitness center; over 300 cable channels, including premium channels; high-speed Wi-Fi in all apartments and common areas; game room; movie theatre; salon / spa; onsite restaurant with outdoor terrace; lounge and grille; onsite entertainment / program director; activity and craft rooms; recreational outings; library and computer lounge; bistro; parking garage; pet-friendly community with a dog park; putting greens; outdoor BBQs and pizza oven; concierge services; ATM; scheduled transportation; and 24 hour emergency response.

Those who are interested in learning more about the independent living San Diego residences and memory care facilities offered by Lantern Crest may want to check out their website, or contact them on the phone or through email.

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For more information about Lantern Crest Senior Living, contact the company here: Lantern Crest Senior Living  
Kaan Ciftci 760-681-1047 kaan.ciftci@lanterncrest.com 800 Lantern Crest Way, Santee, CA 92071

## **Lantern Crest Senior Living**

*Lantern Crest is a Premier Senior Living Community in East San Diego County dedicated to ensuring the Happiness.*

Website: <https://lanterncrestseniorlivingsantee.com/>

Email: [kaan.ciftci@lanterncrest.com](mailto:kaan.ciftci@lanterncrest.com)

Phone: 760-681-1047

