



When To See A Lake City Chiropractor After A Car Accident

October 21, 2020

October 21, 2020 -

Florida Spine & Injury, a Lake City, FL car accident chiropractor office, recently published a new blog post that advises the community to see a chiropractor if they have been involved in an accident. The post describes some of the symptoms one might experience following a car accident (and within what time frame one must seek chiropractic help). The article aims to reach out to people who may have been injured in a car accident and advise them on how soon they must receive treatment.

Every day, there are over 27,000 car accidents all over the United States, a total of approximately 10 million accidents every year. This means that everyone, no matter how careful they may be, is at risk of being involved in a car accident. The article first addresses the issue as to why one should see a chiropractor after a car accident. To quote the post, "Chiropractors treat injuries and conditions to the musculoskeletal system, which includes bones, muscles, tendons, joints, ligaments, and cartilage." If one was involved in an accident, in most cases, the injuries sustained affect the musculoskeletal system. Chiropractic doctors specialize in such injuries and are therefore experts in diagnosing such conditions. The post reiterates that one must always remember to remain calm as well. Learn more here: [Chiropractor for car accident injuries](#).

If one has suffered a serious or life-threatening injury at the scene of an accident, a medical professional will attend to and check one's injuries as promptly as possible. Any minor injuries sustained may not need medical attention right away, but one should not forget about the accident completely.

The post goes on to advise the reader that one must, "Always get a medical evaluation as soon as possible after a Car Accident, even if you do not believe you were injured." One must always keep in mind that car accidents can often cause internal injuries within the body. This is one of the potentially serious injuries, though seemingly invisible, that must be attended by a medical professional as soon as possible after a collision.

The longer one waits after an accident; the more serious an injury may become. The sooner one sees a doctor; the safer one will be "as some injuries take some time to become visible or cause discomfort. The post points out that, "It is also important to be aware that, in Florida, you only have 14 days to see a doctor after an accident if you wish to pursue legal action." This two-week mark also applies to claim health insurance benefits as well. Learn more here: [Florida Spine & Injury In Lake City, FL](#).

One might think that minor pain and discomfort are normal after an auto accident. However, there are many reasons for one to seek medical help. These include soft tissue injuries that occur in the muscles and joints, leading to limited flexibility. The doctor may refer a patient to a massage therapist, physical therapist, or chiropractor for noninvasive treatments.

Whiplash is another common diagnosis after experiencing an auto car accident. "Symptoms of whiplash include stiffness of the neck and upper back, along with an itching or burning sensation on the neck, shoulders, and arms," states the post. Seeking medical treatment is important to ensure a full recovery. Chiropractic treatment is recommended to treat whiplash and also stiffness in one's neck and back.

One may also encounter problems with flexibility and range of motion. This falls under soft tissue injuries, but the wear and tear of tissues may also lead to nerve damage. It is important to seek a doctor's advice to receive treatment in a timely manner. In most cases, the post states that physical therapy and chiropractic treatments will be recommended: "to alleviate pain and ease back into full range of motion capability." It also mentions possible conditions, such as numbness and weakness, among several others.

In most cases, chiropractic care is one of the most effective ways to treat car accident injuries. Medical doctors will often recommend these treatments if the patient will only need noninvasive treatments. To learn more about the treatments offered by Florida Spine & Injury, one may refer to the clinic's website or contact them through phone or email. They may also reach out to Dr. Jonathan Walker, D.C. of Florida Spine

and Injury - Lake City Chiropractor to follow up on further inquiries.

###

For more information about Florida Spine and Injury - Lake City Chiropractor, contact the company here: Florida Spine and Injury - Lake City Chiropractor Dr. Jonathan Walker, D.C. (386) 222-0345 DrWalker@flspineandinjury.com 2057 SW Main Blvd, Lake City, FL 32025

Florida Spine and Injury - Lake City Chiropractor

At Florida Spine and Injury in Lake City, our team of Medical and Chiropractic doctors diagnose, treat and document Accident Injuries related to Car Accidents, Work Injuries, Slip & Fall Incidents and more for residents of Columbia County, FL and beyond.

Website: <https://www.flspineandinjury.com/locations/lake-city>

Email: DrWalker@flspineandinjury.com

Phone: (386) 222-0345

