



Mobile Landscaping Design Company Shares Study on Houseplants and Health

October 20, 2020

October 20, 2020 - PRESSADVANTAGE -

Mobile, Ala.??Indoor plants are a beautiful touch to any environment, whether in a work office or in a home. People enjoy walking into a room and seeing a bit of outside nature brought inside. However, indoor plants are more than just a pretty sight. Heroman Services Plant Company, a Mobile landscaping design company, is explaining why doctors believe that plantscaping may help decrease incidences of influenzas and viruses.

Researchers from the Agriculture University of Norway performed a study [SOURCE] that found indoor plants decrease the frequency of colds, respiratory illnesses, coughs, and influenzas. Two factors that play into this discovery are the higher humidity and wholesome atmosphere that indoor plants create. Viruses do not survive as well, nor do they transmit as readily when the indoor humidity is higher. In fact, studies have shown that as the humidity level increases, viral survival on surfaces decreases. There is no completed evidence to show that all airborne coronaviruses act in this same fashion, but researchers see no reason as to why other viruses would not follow suit of the ones that were studied.

To maximize the effectiveness of indoor plants, there should be at least one plant for every 100 square feet of space. These plants should be big enough that they require a pot at least 10 inches in diameter. When considering plant placement, it is also important to note that the correct placement of indoor plants can actually reduce the heating and cooling costs of the building or home. The best way to ensure that plants are optimally placed for both health and money-saving is to have them installed by a reputable company, such as Heroman Services Plant Company.

Heroman Services Plant Company is a ran by a sixth-generation horticulture family, providing interior landscaping with personalized designs for a multitude of clients across the South. For more information or to schedule an indoor plant installation, visit Heroman Services Plant Company online at?www.heromanservices.com.

###

For more information about Heroman Services Plant Company - Mobile, contact the company here:Heroman Services Plant Company - MobilePat Heroman(251) 607-6787info@HeromanServices.com750-C Lakeside DriveMobile, AL 36696

Heroman Services Plant Company - Mobile

Heroman Services is the leading Interior Landscaping firm along the Gulf Coast. Numerous design options are available such as Centerpieces, Succulent Arrangements, Dish Gardens, Seasonal Plantings, Holiday Decor, and more.

Website: <https://heromanservices.com/>

Email: info@HeromanServices.com

Phone: (251) 607-6787



Powered by PressAdvantage.com