



Chiropractic Treatment in Glendale is Focused on Providing Relief for Chronic Pain

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Unity Spine & Joint, a pain clinic in Tempe AZ with pain management doctors and holistic chiropractors, has revealed that they are focused on providing relief for chronic pain in Glendale, AZ, and neighboring areas. They are capable of providing various kinds of treatments and therapies for pain management that are designed to help the patients find relief and healing, and decrease their stress. They are capable of offering a comprehensive set of services not typically present in traditional practices, such as diagnostic testing, chiropractic therapy, physical exercise modalities, medical procedures, and more.

Dr. Thomas Morgan from Unity Spine & Joint says, "Glendale has so much to offer its residents and visitors alike. With the nation's finest sports and entertainment district, renowned shopping areas, and historic charm, it is no wonder many have chosen to lay down roots here. However, vehicular accidents and other kinds of accidents may occur."

He continues, "If you have been in an auto accident in the Glendale area, even if you don't immediately experience pain, schedule a consultation at this pain clinic to ensure you won't experience lasting pain. Collisions can cause the spine to go out of its natural balance, resulting in dull pains in the back and neck,

muscle spasms, headaches and other symptoms that may interfere with your daily life and activities. Many are wary of seeking treatment for their chronic pain out of fear of surgery or simply being offered medication as pain management. At Unity Spine & Joint, there's no need to worry because we provide natural treatments for your pain.?

Unity Spine & Joint offers a personalized plan for treating specific pain issues using natural treatments. These treatments include: trigger point injections, chiropractic therapy, physical medicine modalities, epidurals, medial branch blocks, low dose steroid injections, nerve blocks, and more.

In addition to providing chiropractic treatment in Glendale and surrounding areas, Unity Spine & Joint can also provide other kinds of treatments. For instance, they can provide trigger point injections. Trigger points emerge when a little knot of muscle is developed when a muscle has been injured or overworked. The result is pain in the general area of the affected muscle. It may also result into referred pain, which is connected to various areas of the body because the trigger point happens to be sitting on or near a nerve. Trigger point injections are usually safe low-dose steroids with some local anesthetic. The steroid will cause the inflammation to subside, and once this is done, physiotherapy and massage therapy may be used to get rid of the pain and rehabilitate the muscle fibers.

Meanwhile, chiropractic therapy is a safe and effective treatment that may help in reducing pain, inflammation, and damage to musculoskeletal systems. This can be used for various kinds of pain, such as: upper back pain, lower back pain, neck pain, shoulder pain, hip pain, knee pain, sciatic pain, and bulging/herniated disc. The focus of this kind of therapy is to balance the spine in order to stabilize nearby groups and joints. With an aligned spine and balanced body, the ability to body to heal itself will be naturally restored and the effectiveness of the nervous system will be enhanced.

Joint injections may also be offered for the purpose of decreasing inflammation of tissue found in the joint's space. Points for joint injections are the shoulders, wrists, elbows, knees, and fingers. A local anesthetic is injected first to numb the skin and prevent patient discomfort.

Epidural steroid injections use a combination of a local anesthetic and corticosteroids. Corticosteroids are effective in reducing inflammation to relieve the pain resulting from pressure on spinal nerve roots. Epidurals are only given when other non-surgical treatment alternatives have failed to relieve the pain the neck, back, arms, and legs. Conditions where epidurals may be used include spinal stenosis, disc herniation, spondylolysis, sciatica, and degenerative discs.

When looking for one of the best pain clinics in Phoenix and surrounding areas, people may want to check

out the Unity Spine & Joint website, or contact them on the telephone or through email.

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For more information about Unity Spine & Joint, contact the company here: Unity Spine & Joint Dr. Thomas Morgan 602-603-4077 tom@unitydoctors.com 4765 S Lakeshore Dr, Tempe AZ 85282

Unity Spine & Joint

At Unity Spine and Joint, we practice responsible pain management with a broad array of services and specialties. This enables us to provide you with the correct diagnostic testing, regenerative medicine, chiropractic and physical exercise modalities.

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