



## **E3 Live Blue Majik Spirulina Powder And Capsules Available For Sale On The Spirulina Wiki Website**

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E3Live Blue Majik Spirulina powder and capsules have been made available for sale through the Spirulina Wiki website. The website has posted an in-depth review of the blue spirulina product with links to purchase the product from the online retailer, E3Live.

Spirulina Wiki claims that blue spirulina is rich in antioxidants, a good source of vitamins, minerals, nutrients, protein, and amino acids. They claim that blue spirulina may help fight free radicals, foster cellular protection, increase energy levels, vitality, endurance, support healthy joints, increase flexibility, and have an anti-inflammatory effect. The review touts the aforementioned benefits as the reason for E3Live Blue Majik's popularity among health and wellness enthusiasts.

Blue spirulina is a type of cyanobacteria that belongs to the blue-green algae family. It contains a phytochemical called ?phycocyanin? responsible for the bluish pigment. Blue Majik is a proprietary, chemical-free extract produced by the company E3Live. Blue Majik spirulina powder contains both

phycocyanin and non-phycocyanin compounds, a combination that the website claims is not often seen in regular spirulina. The Spirulina Wiki website claims that E3Live Blue Majik spirulina has received positive feedback and praise from its consumers for the organic whole food supplement's effectiveness like rapid anti-inflammatory and energy-boosting results.

According to a customer review by Jennifer, "This product (E3Live Blue Majik) has really helped me start my healthy journey. I've been overweight/obese most of my life and had recently decided to put myself first and start making healthy choices concerning diet and exercise. Of course, the diet was and still is a struggle, but I felt like exercise was just impossible as I was completely tired in about 5 minutes flat... About a week after taking it, my knees weren't hurting as much and I had ENERGY! This helped me not only reach my goal but surpass. I still have a long way to go, but I'm down 20 lbs and have the energy to keep pressing through." Interested customers can access recent news and reviews on the Spirulina Wiki website.

E3Live claims to source all their blue-green algae products from the Upper Klamath Lake of Oregon. Klamath Lake is free of adverse bacteria, heavy metals, pesticides, herbicides, insecticides, and fungicides. It receives an average of 300 days of sunlight per year which the website claims are a perfect growing environment for the world's richest strain of blue-green algae.

Research claims that blue spirulina offers protection against oxidative stress-associated diseases due to a high concentration level of phycocyanin. The spirulina's vibrant blue hue color is a strong indicator of its high antioxidant and anti-inflammatory properties. Furthermore, since blue spirulina is an effective scavenger of free radicals, it halts the development of chronic inflammation which could lead to cancer and other diseases are prevented.

The Spirulina Wiki website also claims that E3Live Blue Majik spirulina fights oral cancer since it is naturally rich in proteins, carotenoids, and other micronutrients. They go on to say that it may improve a patient's chances of preventing and fighting against oral cancer. Spirulina Wiki refers to a controlled study that shows individuals reported their lesions greatly decrease while they regularly consume spirulina.

The website says that spirulina helps manage type 2 diabetes. It backs it up by claiming that taking 2 grams of supplements such as E3Live Blue Majik spirulina per day may significantly control a patient's blood sugar level and helps improve the lipid profile of diabetics.

Spirulina Wiki also claims that blue spirulina increases physical performance and may help in the prevention of skeletal muscle damage making individuals feel less fatigued after exercise. In addition, spirulina may also aid in weight loss. It claims that in a study conducted with overweight individuals, results have shown a significant lowering of body weight, waist circumference, body fat, and BMI.

The E3Live Blue Majik spirulina product is available in powdered form, capsule form, and on-the-go singles. The powdered form is available in weights of 50 grams and a larger bottle of 460 grams. The capsule form is available in two variations ? 60 ct and 120 ct. Each capsule has a dosage of 400mg with a recommended use of 2 capsules per day. The On-the-go singles are recommended as a good choice for first-time consumers. 1 box of singles contains 30 sticks (1g/stick). All the variations can be found at the website. Those interested may also check spirulinawiki.com for more information.

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For more information about Spirulina Wiki, contact the company here: Spirulina Wiki  
Julienne F. Kurtz (215) 999-3191437  
Monroe St Philadelphia, PA 19147

## **Spirulina Wiki**

*A team of dedicated researchers who are always on the look out for the latest, most effective, and top of the line blue-green algae supplement products available on the market today.*

Website: <https://spirulinawiki.com/>

Phone: (215) 999-3191

