

Sage Park Assisted Living And Memory Care Joins Sunshine Retirement Living

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Gahanna, OH-based Sage Park Assisted Living & Memory Care is pleased to announce that they are joining the Sunshine Retirement Living network of retirement communities. Sage Park offers assisted living and memory care services in a comfortable resort-style setting.

Sage Park is located in the beautiful suburb of Gahanna where residents may immerse themselves in its homey feel while remaining near the sights and sounds of Columbus. Sage Park explains that they ensure their residents will feel right at home from the moment they settle in, thanks to comfortable floor plans, caring staff and an accepting community of neighbors. They also provide personalized care to each of their residents to ensure they receive the care that they need whenever they need it. This is the case whether the residents in question are just beginning to go through memory challenges or have already been experiencing memory loss for an extended period.

As noted on their website, Sage Park provides top-notch person-centered care for their residents. Their signature life enrichment program utilizes Sunshine Retirement Living's six pillars of wellness – physical engagement, sensory stimulation, spiritual support, social connection, intellectual discovery and emotional expression. Their person-centered approach and programs are designed to nurture the physical, social, spiritual, cognitive and emotional needs of each and every individual resident, while their active living programs enable residents to live life to its full potential. Their residents have lifestyles that go far beyond those offered at traditional nursing homes.

Sage Park also points out that their residents reside in safe and comfortable apartments and may choose from a wide variety of floor plans, such as private suites, semi-private suites and companion suites. Each apartment has central air conditioning with convenient individual temperature controls, so residents can live in the environments that they are most comfortable in. Additionally, the apartments have safety pull-cords, and all residents are given location-based pendants to wear so their loved ones can rest assured that they are

always safe. The grounds at Sage Park are also designed to encourage indoor-outdoor living, containing many secured walking paths and well-tended enclosed gardens where residents can take daily strolls. Residents may also choose to enjoy the beautiful outdoor environment on a patio that has comfortable benches and picturesque views.

Furthermore, residents at Sage Park also enjoy access to a 24/7 dining experience. Sage Park provides all-day gourmet food, made from the freshest ingredients and prepared by an executive chef who is supported by a team of professionals. They are also capable of accommodating any dietary needs that are affected by a variety of restrictions (such as low gluten and sugar-free diets). They also incorporate foods from the Rush University Medical Center's MIND diet into their daily menu. These foods help their residents maintain optimal health and also fosters brain health. The MIND diet works in conjunction with the other memory care programs at Sage Park to help hold off their residents' memory issues for as possible.

Residents and their families often have positive comments to make about Sage Park and their memory care services. Dan Williams writes in a 5-Star Google review of Sage Park, "You will not find a home for your loved one that has a more caring and attentive staff. The facility is clean and very comforting, very homelike, especially when compared to other facilities in the area. What really seems to set them apart though is the level of care. Each resident is treated as family. Well done, Sage Park!"

Martha Nicklas also says in another 5-Star Google review, "Sage Park was an answer to our prayers as my family and I sought a place for my aunt in her journey. The staff could not have been more caring and loving to her. They have been so careful to have activities for the residents that will keep them active and interacting with others. Her room was lovely, and the overall facility is welcoming and filled with caring people. Thank you all for all you do for our loved ones each and every day!"

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Those interested in learning more about Sage Park and their full range of services are welcome to visit the following [link](https://www.sunshineretirementliving.com/sage-park-gahanna-assisted-living/?utm_source=news&utm_medium=organic&utm_campaign=pr) for additional information: https://www.sunshineretirementliving.com/sage-park-gahanna-assisted-living/?utm_source=news&utm_medium=organic&utm_campaign=pr. Sarah Peters of Sage Park Assisted Living & Memory Care can be reached for further details as well.

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For more information about Sage Park Assisted Living & Memory Care, contact the company here: Sage Park Assisted Living & Memory Care Sarah Peters sarah.peters@sunshineret.com 5201 Morse Rd Gahanna, OH 43230

Sage Park Assisted Living & Memory Care

A custom Assisted Living, Alzheimer?s & Memory Care Facility in Gahanna, OH for your loved one!

Website:

https://www.sunshineretirementliving.com/sage-park-gahanna-assisted-living/?utm_source=news&utm_medium=organic&utm_campaign=pr

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