



Glenview Options Medical Weight Loss Is the Only Such Facility Serving the Northwest Greater Chicago Area

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Options Medical Weight Loss, based in Glenview, Illinois, has revealed that they are the only medical weight loss center located in the Northwest Greater Chicago area. The clinic is strategically located at Waukegan Rd and is 15 miles northwest of the Chicago Loop. This weight loss center is also conveniently near the neighborhoods of Northfield, Northbrook, and Morton Grove.

Their weight loss programs are available in three variations: Prescription Program, Non-Prescription Program, and the Fast Options Program. Their Options trademarked ketogenic diet program is for people who want to lose 10 to 110 pounds during a span of six weeks up to 34 weeks. The non-prescription program is for those who don't want their program assisted by weight loss medications. This program may go in intervals of six and 10 weeks and are guided by weight loss counselors who will educate, motivate, and coach participants in the program. For those who want it, lipotropic fat burning injections may be used to speed up their fat burning process.

And for those who want a really fast weight loss program, Options Medical Weight Loss offers the Fast

Options Program. It is a 10 to 12-week program designed to help the participant lose up to 65 pounds. This program uses a combination of prescription drugs, lipotropic fat burning injections, Dr. Simeon's HCG protocol, and their Options Diet System. Participants will also be guided by weight loss counselors who will guide, educate, and motivate them.

The Options Diet System is considered to be the fastest and safest way to lose weight and keep it off. Aside from the use of FDA-approved appetite suppressants and weight loss counseling, this program makes sure that patients have all the tools they require to succeed in their weight-related goal and maintain their weight for years to come.

A spokesperson for Options Medical Weight Loss says, "No matter how much weight you need to lose, the Options Diet System prescription plan is an effective solution for people who have weight to lose or are looking for a program that is an alternative to more dangerous and invasive medical weight loss methods. The medical professionals from our team focus on prevention of failure. Each weight loss doctor conducts medical tests and a lengthy interview with each patient, to collect the in-depth information required to develop an individualized weight loss plan for each patient."

The Options Diet System has four phases and is ideal for people who: want weight loss structure and guidance, using FDA-approved appetite suppressants; lifestyle changes that are sustainable; and want to increase metabolism and boost their immune system.

During Phase I, a modified ketogenic diet is introduced. This promotes ketosis, which happens when the body doesn't have enough carbohydrates to burn as fuel. The result is that the body starts burning the stored fat and create ketones, which can be used for fuel.

In Phase II, glycemic foods are introduced but there are strict limitations on fat intake. In this phase, the goal is to make sure that the body can start to acclimate to regular quantities of healthy foods. During this phase, the body starts to lose weight.

In Phase III, the focus is on eating healthier carbohydrates while maintaining weight loss. If in Phase I, if the body weight has reached a level of stability, the medical weight loss doctor will help the patient to gradually reintroduce some carbohydrates while carefully monitoring body weight. And the final phase is where the patient maintains the body weight that has been achieved.

The non-prescription program is similar to the prescription program, except that it does not include the medical prescriptions. It is ideal for people who: want to lose weight without using prescription medication; are looking for a medically supervised method; can follow a phased nutritional plan that is based on their goals and results; are searching for the complete benefit of working within a medically proven weight loss diet

system; and prefer a weight loss program that is less activity-based, but enjoy some physical activity.

Those who want to learn more about the weight loss programs or want to get a free consultation may want to check out the Options Medical Weight Loss ? Glenview website, or contact them on the phone, or through email.

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For more information about Northwestern Medical Weight Loss 1, contact the company here: Northwestern Medical Weight Loss 1 Dr. Vinay (312) 827-2728 info@chicagonwmedicalweightloss.com 3 E Huron St 3rd Floor, Chicago, IL 60611

Northwestern Medical Weight Loss 1

Northwestern Medical Weight Loss Doctor supervised weight loss that is easier than you think 90% of clients lose 10-30 pounds in 6 months.

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