Legacy Healing Center Expresses Gratitude to its Community at Thanksgiving

November 21, 2020

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Pompano Beach, FL - Legacy Healing Center in Pompano Beach, a behavioral health center specializing in the treatment of addiction and other mental health disorders, took time this week to express its gratitude in light of the upcoming Thanksgiving holiday.

The disease of addiction tends to have a ripple effect impacting self, friends, families and entire communities. Legacy Healing Center in Pompano was founded, in part, in reaction to this. By treating the root causes of substance abuse and breaking the negative cycle of addiction, the center aims to heal individuals and communities across the nation.

In a statement, the center said, ?The disease of addiction impacts the addict?s entire social network. In fact, statistics prove that for each addict in active addiction, the consequences reach eight (8) other individuals. At Legacy, we will educate and treat the entire family and most importantly help reconnect you or your loved one back into the family system.?

Having helped thousands of people since its founding, Legacy Healing Center has much to be thankful for. This week, they reflected on all the hard work and support that has allowed their success and expressed their gratitude to their clients, alumni, families, staff, and the surrounding communities that support them.

?We are beyond grateful to our entire Legacy Healing Center family. Thank you to our amazing patients who motivate and inspire us to be better every day and to our compassionate and skilled staff who have dedicated their lives to helping others. We are deeply grateful to our alumni community who give so much back through their dedication to their recovery and staying actively engaged with each other. We are thankful for the thousands of families who have come to Legacy Healing Center in support of a loved one and to come back together and heal as a family. And we are also so grateful to the surrounding communities for their continued support and willingness to embrace our mission.?

The definition of gratitude is ?the quality of being thankful; readiness to show appreciation for and to return kindness.? This Thanksgiving, Legacy Healing Center reminds us that gratitude is more than just appreciation for what?s going well in our lives. It is the act of sharing our gratitude with others and returning kindness to the world around us.

Just as the darkness of addiction can spread through communities, so too can the light of kindness, compassion and gratitude. ?The opposite of addiction and mental health disorders is a connection,? said David Levin Legacy Healing Center?s Clinical Director.

In this season of Thanksgiving, may we all take time to reflect on all that we have to be thankful for and take the opportunity to say thank you to those who have helped us be better.

Legacy Healing Center?s mission is to help patients achieve long-term success in recovery. Using an individualized client-centered approach to treatment, they help people access the tools to build a foundation for lasting recovery. If you or a loved one are struggling with addiction, please call Legacy Healing Center today. They can be reached 24/7 on a confidential line at (888) 534-2295.

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For more information about Legacy Healing Center -Alcohol & Drug Rehab Pompano, contact the company here:Legacy Healing Center -Alcohol & Drug Rehab PompanoTravis Benfaida(954) 388-8029 info@legacyhealing.com803 NW 2nd AvePompano Beach, FL 33060 (954) 388-8029

Legacy Healing Center -Alcohol & Drug Rehab Pompano

Legacy Healing Center -Alcohol & Drug Rehab Pompano is the top detox and rehab center in South Florida. We are here to help our patients beat drug, alcohol and prescription drug addiction.

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