



## **Unity Spine & Joint Offers Services of Chiropractors in Phoenix**

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Unity Spine & Joint, a pain management practice in Tempe, AZ, has announced that they are ready to offer assistance with pain relief through their holistic chiropractors in Phoenix and neighboring areas. These chiropractors may provide alternative pain relief for neck pain, back aches, headaches, and other health issues. Chiropractic care is a kind of alternative therapy that may be used for the diagnosis and treatment of the spine and musculoskeletal system. This method allows the use of natural and non-invasive methods for treating injuries and spine-related health problems.

Dr. Thomas Morgan, owner of Unity Spine & Joint, says, "Chiropractors treat patients by aligning their spine through the use of adjustments. During your first visit to the chiropractor's office, you will typically undergo a physical examination and your medical history will be reviewed. The chiropractor will pay special attention to your bone density and apply gentle treatments through the use of hands for the purpose of providing pain relief to the injured or damaged area of the body. This non-invasive therapy allows the joint to move in a normal manner and minimize inflammation."

Dr. Morgan wants to emphasize that the manipulations performed on the lumbar spine are a safe and

effective method of getting pain relief. Although this kind of therapy may not be suitable for all kinds of diseases or illnesses, it has been observed that in many cases, it may reverse the root cause of the pain. For instance, if a patient has neck pain, medication can get rid of the symptoms for a certain period of time but meds will only mask the symptoms and the effect is temporary. On the other hand, chiropractic manipulations may get rid of the cause of the pain.

Unity Spine & Joint also has a pain clinic in Glendale, which means that residents and visitors of Glendale and surrounding areas may get treatment for chronic pain. Glendale is gaining in popularity as a travel destination because of its historic attractions, shopping areas, and sports and entertainment district. They can provide a wide range of therapies and treatments for pain management that may help patients reduce stress and pain. Their range of services are not typically available in conventional practices, including medical procedures, diagnostic testing, physical exercise modalities, chiropractic therapy, and more.

Different kinds of therapies are provided for chronic pain at Unity Spine & Joint. These include physical medicine modalities, TENS or transcutaneous electrical nervous stimulation, and assisted stretching and core strengthening. Chiropractic care may be used in combination with other therapies because it is totally medication-free.

Chiropractors do not only offer treatment for neck or back pain. They may also provide therapies for other conditions, including ear infections, chronic migraines, fertility issues, car injuries, premenstrual syndrome (PMS), and more. One of the primary benefits of chiropractic care is treatment for those who have suffered injuries like whiplash as a result of an auto accident. In addition, pregnant women may also benefit from the alternative treatments as a way to ease labor pain and minimize discomfort in their hips and joints.

Basically, chiropractic care is a remedy for a misaligned spinal cord, which often results into pinched nerves, muscle stiffness, and other issues. By undergoing regular chiropractic therapy sessions, these issues may be prevented from reoccurring. And chiropractic care may help people maintain their well-being and health, resulting in a better quality of life.

Residents and visitors of Mesa, AZ, may also benefit from the chronic pain relief therapies offered by Unity Spine & Joint. Some of the treatments they can provide include: chiropractic therapy, trigger point injections, epidurals, physical medicine modalities, nerve blocks, low dose steroid injections, and medial branch blocks. Trigger points may develop as a result of a muscle being injured or overworked. A trigger point contains a little knot of muscle, causing pain in the area. Low-dose steroid injections and a local anesthetic may be used for trigger points.

Those who are looking for pain doctors in Mesa, AZ and neighboring areas may want to check out the Unity Spine & Joint website, or contact them on the phone or through email.

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For more information about Unity Spine & Joint, contact the company here: Unity Spine & Joint Dr. Thomas Morgan 602-603-4077 tom@unitydoctors.com 4765 S Lakeshore Dr, Tempe AZ 85282

## **Unity Spine & Joint**

*At Unity Spine and Joint, we practice responsible pain management with a broad array of services and specialties. This enables us to provide you with the correct diagnostic testing, regenerative medicine, chiropractic and physical exercise modalities.*

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