

Dentist Office Near Me in American Fork Dispels Myths About Dental Cavities

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Dr. Jeff Youngquist of Palisades Dental, American Fork, UT, wants to dispel myths about dental cavities. The dentist who serves patients in American Fork and neighboring areas in Utah, such as Cedar Hills, Highland, Lehi, Pleasant Grove, Orem, and Vineyard, says these common erroneous beliefs about cavities have been contributing to cavities and other dental problems. This family dentistry office offers general dentistry, cosmetic dentistry, implants, and more, and caters to individuals of all ages. More about this dental practice can be gleaned from their media room at https://www.pressadvantage.com/organization/palisades-dental-american-fork-ut-dentist.

Dr. Youngquist explains, ?Some of the myths about dental cavities is that only sweets and sugary foods will cause cavities and that regular brushing alone can prevent them. The truth is, even drinks and foods that are sugar-free but contain significant amounts of acid can erode tooth enamel and lead to tooth decay. And those that tend to linger in the mouth are food for bacteria that produce acids that destroy teeth. And brushing is not enough. You must also avoid foods that contain substantial amounts of sugar and acid and don?t forget to floss, to get rid of food particles that get stuck in between teeth. And use a mouthwash with fluoride.?

Some people also think that after having their cavities treated and filled by a dentist, they can just forget about it. Bacteria can accumulate around these fillings and cause dental problems. These fillings may also crack and gradually loosen and when this happens, these cavities that have been filled may decay faster if regular brushing and flossing is not done. Furthermore, regular dental checkups will help in detecting if the fillings are wearing down or have become ineffective.

Dr. Youngquist also wants to advise people that they will not likely feel pain or any symptom when a dental cavity is starting. This is another reason by regular dental checkups by a family dentist are important. This will allow cavities that are just starting to be detected and treatment can be provided as early as possible.

Meanwhile, the family dental practice of Dr. Youngquist has received highly positive reviews from previous patients. In fact, they have received a perfect overall rating of 5.0 stars after almost 300 reviews on Google. For instance, Jeffrey M. had given them five stars and said, ?Best dentist in Utah, I've been going to Dr. Youngquist for around 15 years and his work is spectacular. Never had a filling fall out, no pain or problems from them and my crowns are rock solid. His team of hygienists are friendly and skilled and his prices are fair. You won't regret coming here.? These reviews can be accessed at https://search.google.com/local/writereview?placeid=ChIJSSc6DaGBTYcRBbdWsodRYNM.

Some of the dental services offered at Palisades Dental include teeth whitening, wisdom teeth removal, dental exams, dental x-rays, and more. This dentist near me in American Fork and surrounding areas advises families and individuals to go for a dental visit every six months to get preventive dental care to prevent cavities and other dental issues. They will provide a routine dental checkup that includes but not limited to a complete dental examination, teeth cleaning, and dental x-rays. During these checkups, they will perform thorough teeth cleaning first. After cleaning the teeth to make them smooth and shiny, they will examine the teeth and gums for any dental issues, such as cavities and gum problems. They will also take some dental x-rays to check those parts of the teeth and gums that are not visible on the outside and find out if there are possible problems that may come out in the future.

Those who are looking for a family dentist and those who are interested in learning more about the family dental services available at Palisades Dental may want to go to their website at https://palisades-dental-american-fork-ut-dentist.business.site/#gallery, or contact them via telephone, or through email. This family dentistry office is open from Monday to Wednesday, from 8:00 am to 5:00 pm, and on Thursdays, from 8:00 am to 3:00 pm.

Interested readers can view their previous press release here: https://www.pressadvantage.com/story/39990-why-coronavirus-lockdowns-in-american-fork-ut-can-impact-de

ntal-health-according-to-dentist-near-me

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Palisades Dental - American Fork, UT Dentist

Palisades Dental is your "Dentist Near Me" in American Fork, UT, open and ready for any dental emergency, wisdom teeth extractions, tooth crowns and repairs, veneers, implants, and much more (including gentle dental services).

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