

Dentist Office Near Me in American Fork UT Reveals 2 Ways to Have Great Teeth Lifelong

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Dr. Jeff Youngquist of Palisades Dental, American Fork, UT, wants to stress that there are two primary ways to have great teeth lifelong. These are proper care of teeth through brushing, flossing, and using mouthwash, and having a dental checkup at least two times a year. Palisades Dental is a dental office near me in American Fork and surrounding areas such as Highland, Lehi, Cedar Hills, Orem, Vineyard, and Pleasant Grove. They offer general dentistry, implants, cosmetic dentistry, and more to people of all ages. Those who would like to know more about this dental practice may want to follow their Facebook page at https://www.facebook.com/PalisadesDentalUtah/.

Dr. Youngquist explains, ?Proper care of teeth has to be done every day. Most people already know that they should brush their teeth at least twice a day to prevent the accumulation of plaque that can be the start of tooth decay and other dental problems. But make sure that your toothpaste contains fluoride, which fights bacteria and serves as a shield for the teeth. And many people often neglect to floss at least once a day. This is also important because it does not just get rid of food particles that get stuck in between teeth but it can also decrease plaque, stimulate the gums, and help reduce inflammation. And don?t forget to use mouthwash because it helps clean those areas not reached by a toothbrush, decrease the amount of acid in

the mouth, and re-mineralize the teeth.?

Palisades Dental offers wisdom teeth removal, dental exams, teeth whitening, dental x-rays, and more. And, of course, they offer preventive dental care to help people avoid cavities and other dental issues. The other primary way of having great teeth lifelong is to have a dental checkup every six months to ensure that any dental problems that are just starting can be detected and treated as early as possible.

The routine dental checkup that they provide at Palisades Dental start with a thorough teeth cleaning. This is designed to make the teeth so clean they are smooth and shiny. After teeth cleaning, they will examine the teeth and gums for any dental problems, such as cavities and gum diseases. Dental x-rays will be taken to check the inside of the mouth, including teeth roots, to find out if there are any potential issues that may affect the teeth and gums in the future.

Palisades Dental makes use of state-of-the-art dental equipment and tools to ensure that patients are comfortable. The dental office has been designed to have a soothing atmosphere and they have kid-friendly staff, which can put the children at ease when they visit the dentist. Pediatric dentistry is essential because the earlier kids undergo routine dental checkups, the healthier their teeth and gums will be, which they can continue to have throughout their life.

The dental practice in American Fork also offers cosmetic dentistry, in addition to general dentistry. This is designed to allow patients to have a beautiful smile and consists of teeth whitening, dental implants, and inlays and onlays. They offer a teeth whitening procedure that is so fast that patients need not wait to see results and they only need one visit for the procedure.

And for those who have missing teeth, they may yet recover their beautiful smile through dental implants. This is because the dental implants appear and feel like natural teeth. For teeth with pits and fissures, they can provide an inlay or onlay procedure. The dentist will first remove any decay or fillings and clean the tooth, after which a digital impression will be taken and a CEREC machine is used to produce a custom inlay or onlay within the same day.

Individuals and families who require a family dentist and those who would like to know more about the family dental services provided at Palisades Dental may want to go to their, or contact them through the telephone, or via email. This family dentistry office is open from Monday to Wednesday, from 8:00 am to 5:00 pm, and on Thursdays, from 8:00 am to 3:00 pm. To know their exact location and other important information, people can check out their Google Maps page at https://www.google.com/maps?cid=ChIJSSc6DaGBTYcRBbdWsodRYNM.

Interested readers can view their previous press release here: https://www.pressadvantage.com/story/39991-dentist-office-near-me-in-american-fork-dispels-myths-about-dental-cavities

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For more information about Palisades Dental - American Fork, UT Dentist, contact the company here:Palisades Dental - American Fork, UT DentistDr. Jeff Youngquist (801) 756-1009info@palisadesdentalutah.com576 W Pacific Drive, American Fork, UT 84003-1406

Palisades Dental - American Fork, UT Dentist

Palisades Dental is your "Dentist Near Me" in American Fork, UT, open and ready for any dental emergency, wisdom teeth extractions, tooth crowns and repairs, veneers, implants, and much more (including gentle dental services).

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