



## **Dentist in San Diego California Explains Whether a Retainer Can Replace Braces**

*January 04, 2021*

January 04, 2021 - PRESSADVANTAGE -

Solana Family Dental, a dental office providing the services of a dentist San Diego residents can rely on has explained in a new blog post whether a retainer can be used as replacement for braces. The article points out that a retainer may indeed be used in place of braces when the issue is a minor one. This means that if only a few teeth need to be treated, a retainer can be used as a solution. However, the patient may have to wear to the retainer for years to ensure that the results would be permanent.

The blog post points out that braces are preferred when treating mount imperfections. For example, those who have a problem with their bite or have several misaligned teeth will usually require braces to correct the issue. A retainer will not have sufficient power to provide the same results as metal braces or a complete aligner treatment. Nevertheless, a retainer may be used to maintain the results of braces for the long-term.

Elan Weinstein, a representative for Solana Family Dental, says, "As the name implies, a retainer retains and maintains straight teeth. If metal braces do not interest you, a better alternative can be clear aligners such as ClearCorrect or Invisalign. Treatment involves clear aligning trays that act like braces by exerting different torque and force to shift teeth."

This Solana Beach dentistry office ensures that the procedures they provide, whether simple or complex, are done by tested professionals. Their dentistry team performs each procedure using state of the art equipment, premium materials, and dependable practices to ensure effective, conservative, safe, and comprehensive dental treatment.

For cosmetic dentistry, they can provide crowns, veneers, implants, inlays and onlays, and bleaching or whitening. For clear aligners, they offer Clear Correct and Invisalign. They also provide dental exam and cleaning, dental x-rays, and home care. For restorations they offer fixed bridges, dentures and partial dentures, and composite fillings. For periodontal disease treatment, they offer dental implants, tissue regeneration, pocket elimination surgery, and scaling and root planing.

Porcelain veneers are durable but thin tooth shaped porcelain facings that are bonded to the front of the teeth to correct discolored, oddly shaped, or unevenly spaced teeth, allowing the patient to have an attractive smile. They are durable enough to last for many years and they require less removal of tooth structure compared to full crowns.

Dental crowns are designed to encase the whole tooth, thus restoring its original shape and size to allow the patient to have a beautiful smile once again. Crowns are both attractive and durable and they are typically used when fillings cannot be used to restore teeth to a good shape.

Meanwhile, periodontal disease is the result of gums getting inflamed as a result of a build up of tartar and plaque. If the inflammation worsens and the gums become red, the condition is now known as gingivitis. Fortunately, proper intervention by the dentist at Solana Family Dental and a home care regimen can reverse the condition and restore oral health. However, if the condition is not addressed, the inflammation gets worse, the number of bacteria increases, and the body reacts by losing support and bone around the teeth. When there is bone loss, the condition is now known as periodontitis.

Solana Family Dental also offers restorative dentistry, which offers various benefits, such as: correction of an inappropriate bite; improved smile; the fact that empty spaces between teeth are filled; prevention of tooth loss; relief for dental pain; and repair of damaged teeth. Composite fillings may be used to restore teeth when there is minor to moderate tooth decay, including chips, small cracks, or fractures. For missing teeth, denture or partial dentures may be provided, while fixed bridges offer a non-removable method of replacing missing teeth.

Those who are in need of quality dental services in San Diego and surrounding areas may want to check out

the Solana Family Dental website at <https://solanabeachdentistry.com/>, or contact them on the phone or through email. They are open from Monday to Thursday, from 9:00 am to 5:00 pm.

###

For more information about Solana Family Dental, contact the company here: Solana Family Dental Elan Weinstein 858-869-1367 [elan@increaseyourprofits.com](mailto:elan@increaseyourprofits.com) 665 San Rodolfo Dr. #117 Solana Beach, CA 92075

## **Solana Family Dental**

*Dr. Sandler and Dr. Kauffman are a mother and a daughter team who have come together in a partnership to offer you the highest quality dental services to achieve that healthy smile.*

Website: <http://solanabeachdentistry.com/>

Email: [elan@increaseyourprofits.com](mailto:elan@increaseyourprofits.com)

Phone: 858-869-1367



*Powered by [PressAdvantage.com](http://PressAdvantage.com)*