



## **Data Recovery Service Provider Advises on How to Get Financially Fit Even During a Lockdown**

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Hard Drive Recovery Associates, a data recovery service company based in Irvine, California, has offered some advice on how get financially fit even during a lockdown. These recommendations were provided through a blog post they have recently published on their website and is focused on helping people become more secure financially during the pandemic so as to minimize mental stress and be able to focus their energies on more important things, such as keeping their physical bodies healthy.

Jack Edwards, a spokesperson for Hard Drive Recovery Associates, says, "Thousands are losing their means of income with mass layoffs happening daily. Businesses have contracted, with some deciding to shut off permanently. We can try and extend a hand to everyone in need of help, but before we can do that, we need to look out for ourselves as well. After all, if we are not that strong and secure financially, how can we help others? Thus, with still months (and even years, according to some) to go before we adopt a "new normal," let us assess ourselves and see whether we can be confident with our state of fiscal being."

One of the key ways to ensure financial fitness is to get rid of unnecessary expenses. It would be a good idea to make a list of all the expenses since the lockdown had begun and determine those areas that may be

eliminated or at least reduced. While many people may have already been working from home and have enjoyed savings from the significant reduction in transportation expenses and other costs related to going to the office, there might have been an increase in other expenses because of the many products made available online. Some people may have also increased their grocery expenses. It may be good advice to set aside the money saved by working from home, by not spending on things that are really not necessary.

It is also a good idea to set aside a percentage of income to accumulate an emergency fund. Such an emergency fund is used during those times when the unexpected happens, such as people losing their jobs or having their income reduced. Those who already have this fund may want to be careful on how they spend it, avoiding any unnecessary expenditures. Those who don't have it yet may want to start having an emergency fund.

A third way of getting financially fit is to practice budgeting. This can be done by looking at the list of expenses and marking those that are basic needs and those that are just 'wants.' It is a good idea to consider reducing the expenses in the 'wants' category.

And finally, it is essential to find out if one can have a side job or part-time work. This is especially true for those who have lost their jobs and those whose income has been reduced. If there are no part-time jobs available, some may consider going into business, such as offering a particular kind of service or making and selling various products like cakes and other food products.

It should also be noted that during lockdowns, online digital platforms have become more important because of their use as a way to communicate while avoiding face-to-face contact. This involves the use of computers but sometimes problems may be encountered, such as when the hard drive suddenly fails.

Hard Drive Recovery Associates can offer data recovery services, where they can recover the data in the failed hard drive. They even provide a guarantee in which there would be no charge if no data is recovered. They are capable of data recovery for hard drives of PCs, external drives and laptops, Mac hard drives, and servers and RAIDs.

Those who are wondering whether they may still get back valuable files, such as photos, documents, music, videos, and more, can check out the Hard Drive Recovery Associates website, or contact them on the phone, or through email. They are open 24 hours a day, every day of the week.

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For more information about Hard Drive Recovery Associates, contact the company here: Hard Drive Recovery Associates Jack Edwards (949) 258-9465 [jedwards@harddrivefailurecovery.net](mailto:jedwards@harddrivefailurecovery.net) 12 Mauchly #7 Irvine, CA

## Hard Drive Recovery Associates

*Hard Drive Recovery Associates offers data recovery services to Irvine, Anaheim, Santa Ana and the surrounding Orange and LA County areas. We offer the most affordable hard drive recovery and RAID repair solutions in the industry.*

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