



Boulder Chiropractor Clinic Releases Update on Their COVID-19 Safety Measures

January 11, 2021

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Boulder Back Pain Clinic, a chiropractic clinic based in Boulder, CO, has issued an update about their COVID-19 safety measures that are in place. This means that they are complying with or even surpassing the guidelines issued by the Colorado Department of Public Health and Environment. They have revealed that they have been applying these safety measures for more than 3 months and they continue to be careful with regards to safety and cleanliness to protect patients, staff and everyone in the clinic, as well as the community at large. More information about this update can be gleaned from <https://boulderbackpainclinic.com/covid-19-safety/>.

Ellyn, the office manager for Boulder Back Pain Clinic, says, "Dr. Marc Cahn, DC, and Dr. Aaron Guzik, DC, wear at least N95 masks, which is mandated by state health authorities. But they often wear N99/hepa filter masks for better safety. And while they may look a bit imposing and there might be some interference with regards to communication, we can assure you that they are always smiling under those masks. They also wear medical scrubs while in the clinic to allow them to change before leaving and ensure that the clothes they wear when going home to their families are free from the virus."

It should be added that Drs. Cahn and Guzik wear latex-free nitrile gloves and they also frequently sanitize the treatment tables and room surfaces with over 70 percent alcohol and medical-grade disinfectants.

And to ensure that thorough disinfectant cleaning is performed between each and every patient, they are still booking longer appointment times. While this may reduce the availability of time slots, they are doing this to ensure that everything is as clean as possible to prevent possible spread of COVID-19 infections.

They are also running UV-C Hepa air filters in the treatment rooms and in the lobby during business hours to inactivate any airborne pathogens, such as viruses, bacteria, and other microorganisms. And finally, they have installed their newest addition, Medusa in their treatment rooms. Medusa is a multi-headed UV-C lamp that uses UV light to kill viruses. Medusa is used to make the treatment table and equipment virus-free 1 to 2 times daily. This is in addition to their use of topical cleansers and disinfectants.

Boulder Back Pain Clinic offers various chiropractic care services. These include but are not limited to chiropractic adjustments, auto injury treatments, acupuncture, soft tissue therapy, electrical muscle stimulation, ultrasound therapy, therapeutic exercise, cold laser therapy, Graston technique, custom foot orthotics, microcurrent therapy, and interferential electro-therapy.

Chiropractic adjustments or spinal manipulation is used to manipulate vertebrae with abnormal movement patterns or are not functioning properly. Such adjustments are recommended for people who are suffering from frequent pain or discomfort, have a limited range of motion, or are suffering from nerve irritability or irritation. Chiropractic manipulation is used to realign the vertebrae and their movements, thus relieving any pain or tension caused by improper spine movement or alignment.

They can also provide treatments for victims of motor vehicle accidents. They will conduct a thorough exam and perform x-rays or other advanced imaging to detect possible injuries. They may use a number of physical therapy modalities like therapeutic ultrasound or electronic muscle stimulation to increase blood supply and reduce painful muscle spasms and sprained tissues. They will combine these treatments with biofeedback, rehabilitative exercises and proper muscle movements to prevent maladaptive muscle guarding and splinting.

Soft tissue therapy may also be provided at the Boulder Back Pain Clinic to relax and loosen any tight muscles to eliminate tension and stress. Spine misalignment may result from tense muscles and lead to a broader range of other health issues. Soft tissue therapy may increase blood circulation throughout the body and may be used to treat soft tissue damage and pain. This is a non-invasive method to help the patient relax and heal more quickly.

Those who require the services of this Boulder chiropractor may want to check out the Boulder Back Pain Clinic's website at www.BoulderBackPainClinic.com, or contact them directly via phone at 303-499-4500.

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For more information about Boulder Back Pain Clinic, contact the company here: Boulder Back Pain Clinic
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Boulder Back Pain Clinic

Boulder Back Pain is Colorado's go-to solution for work-related injuries, sports injuries, and car accident injuries for over 35-years. Founded by esteemed Boulder Chiropractors Dr. Cahn and Dr. Guzik, these doctors have a long reputation for healing.

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