



Revival Products Offers Soy Protein For Weight Loss

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Kernersville, NC-based Revival Products Inc. is pleased to announce that they are offering soy protein for weight loss and menopause relief. Revival Products was founded by Dr. Aaron Tabor and her mother Suzanne Tabor. At around 50 years old, Suzanne found herself experiencing the unpleasant discomforts that came with menopause, including hot flashes, night sweats, mood swings, weight gain and more. She was frustrated as she did not know how to deal with such issues, so she decided to ask her son for help.

At the time, Dr. Aaron Tabor was still a medical student at Johns Hopkins Medical School. He decided to conduct research into the matter to find a natural solution that could help his mother. He investigated several studies that showed that Asian women had significantly lower rates of experiencing menopausal hot flashes when compared to American women. In his research, Dr. Tabor discovered that soy was an important factor in reducing a large number of menopausal discomforts. Some Asians consume up to six soy meals a day while Americans have little to no soy in their diets. Dr. Tabor also discovered that soy had many other benefits, not only for women but also for men.

Unfortunately, his mother had a hard time consuming soy as she found it to be too chalky and gritty. Eventually, the duo founded Revival to provide the need for pleasurable soy products for hot flashes. They spent almost two years perfecting the first naturally-concentrated Revival Soy blend, using Dr. Tabor's

medical knowledge and his mother's taste buds. The Revival Soy blend contains about the same amount of soy isoflavones that can be found in six cups of a typical soy milk.

Another benefit that soy has is helping people lose weight. Many of the popular diets today share the same problem ? restricting essential nutrients. Some diets are low in carbohydrates, protein and fat, and most lack the rightful combination of these three macronutrients. These kinds of diets can be unbalanced and may not be providing people with optimal nutrition. In addition, many diet programs do not teach good eating and exercise habits, leading to an unhealthy overall lifestyle and poor long-term health.

Notably, Revival's patented soy products do not share this problem. Revival's weight loss soy diet is effective in lowering calories but it does not restrict any essential nutrients in doing so. In fact, people can receive all the nutrition that they need to stay healthy while dieting optimally. Revival's weight loss soy diet does not focus on the eating and consumption part of dieting alone ? it also recognizes the importance of exercise for diet plans to be successful.

Revival also understands that many people may find exercising to be difficult at the start, so they suggest beginning with walking briskly for 30-45 minutes a day for six days every week. This combination of reduced calories and exercise makes Revival's weight loss soy diet very effective. Revival's clinical trial of the weight loss diets showed that dieters lost an average of 26 pounds in 16 weeks and lost about 25% of belly fat. This weight loss soy diet is not only healthy and effective, it is reportedly also delicious.

Linda W. says in a testimonial featured on the Revival Products website, "Revival Soy has made me feel years younger! I started with hot flashes last November and many mood swings. After using Revival Soy for 3 weeks, they have totally gone away. I am not exaggerating, I have not had a single hot flash. I used to go outside in the dead of winter without a coat just to cool down! My family was suffering because the house was too cold for them. I have shared your info with all I come in contact with who have similar problems. Thanks so much."

Loa M. says in another featured testimonial, "I asked my doctor about soy products for hot flashes, and he said it would no doubt help and encouraged me to try it. I received my trial package and tried it that day, and have not had a single hot flash or night sweat since. I am very impressed and will tell all my friends and family members who also have similar problems. I am also a lifetime member of Weight Watchers and must be aware of calories, sugar and fat, so after your wonderful trial package of all your varieties of shakes and bars, I will order the products you offer with sucralose to help with the amount of points that I must take into consideration on my Food Program. Thank you for Revival Soy!"

Those interested in Revival Products may visit the company's website to view their wide range of nutritional soy based products. Further details can be found on their social media pages as well.

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Revival Products Inc.

Revival Soy is a brand of soy food and supplement products that help with many elements in health and fitness including the menopausal transition.

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