

Medical Day Spa In Puyallup Offers Body Massage Therapy

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Unlocking The Body Massage Therapy, a medical day spa in Puyallup, WA, would like to reach out to local residents who may be in search of a massage therapist. In these difficult times, it may be difficult to find a suitable massage therapist, especially one that adheres to the guidelines set out by authorities for handling the COVID-19 crisis. Fortunately, Unlocking The Body offers massage therapy from Monday through Saturday. While the pandemic may make it difficult to offer consistent hours, Unlocking The Body is committed to providing clients with the high standards of care they are used to? even through the crisis.

The massage therapy clinic has taken steps to help in the battle against COVID-19. For starters, masks are required to receive care at the clinic and must be worn at all times in common areas as well as when receiving a massage. The clinic also provides alternative face protection for those who may be unable to use a normal mask for any reason.

Massage therapy is a covered benefit under most health insurance plans and can provide relief for people suffering from any of a large number of issues. ?Massage Therapy is a great alternative health care modality to support and even boost your immune system, but you must still exercise caution,? says the massage

therapy clinic. ?Massage Therapy can increase the activity level of the body's white blood cells that work to combat viruses and is a part of a complete alternative regimen to strengthen the body against invaders. Chiropractic, Naturopathy, Acupuncture, Massage, Supplements and Staying Active are all ways you can take control of your own health in this time of increased need.?

In order to ensure that everyone remains safe, Unlocking The Body advises clients to stay home if they meet certain criteria. Those who have recently travelled on an airplane within the United States or abroad are advised to wait at least 15 days after arriving in Washington before scheduling an appointment with Unlocking The Body. Those who exhibit symptoms that can be linked to COVID-19 (like fever, cough or loss of smell or taste) are encouraged to avoid making an appointment until they have been cleared by a medical professional. Clients with a compromised immune system are more vulnerable to COVID-19 and are encouraged to avoid making appointments altogether.

The Puyallup massage therapy center also offers floatation therapy. One can enjoy a 60 or 90-minute float in Unlocking The Body? custom, glass enclosed float pool. This unique setup provides a comfortable environment where one can experience the feeling of weightlessness. Floatation therapy has a number of benefits, most important among which is the opportunity it provides for relaxation and introspection.

A number of people have left great reviews of the massage therapy center on Google Maps and similar platforms. Natasha Cassidy says in her Google review, ?I cannot say enough about craniosacral therapy! My therapist is amazing! She is reaching areas of concern that traditional medicine forgot or wishes to placate me by popping a pill. No thank you, this energy work is exactly what I am needing. If the typical pod Floatation freaks you out, you have to try Unlocking's! Open, glass and purely blissful delight tailored just for me (yours would be perfect just for you).?

Dean Bonnell also says, ?I have been frequenting Unlocking The Body for a couple of years and have had approximately 80 massages by 9 massage therapists here. I can't articulate strongly enough how professional and incredible these therapists are and how well run this place is. Collette, Stephanie and Lena in particular provide the combination of deep tissue massage without creating tension that I prefer. I have even learned to enjoy ashiatsu, where the therapist supports their weight while using their feet to provide deep tissue massage ? particularly effective on tight or cramped leg muscles.?

Find out more about Unlocking The Body Massage Therapy on the massage therapy clinic?s site. Those looking for massage therapists in Puyallup are also welcome to contact Jennifer Bull of Unlocking The Body Massage Therapy for further details.

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For more information about Unlocking The Body Massage Therapy, contact the company here:Unlocking The Body Massage TherapyJennifer Bull(253) 970-8256info@unlockingthebody.com8112 112th St Ct E, Puyallup, WA 98373

Unlocking The Body Massage Therapy

Established in 2008, Unlocking The Body is a Massage Therapy Clinic in Puyallup. We accept Health Insurance, Car Accidents, Work Related Injuries, as well as Private Pay for general wellness or stress relief in our day spa.

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