



Jeeo Health Center Offers Sacramento Chiropractic Services

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Jeeo Health Center is happy to announce that they are offering chiropractic services in Sacramento, CA and surrounding areas. Chiropractic care is focused on the musculoskeletal and nervous system and it's a pain management solution that doesn't depend on drugs or surgery. Dr. Gurwinder Bath is the chiropractor and owner of Jeeo Health Center. She also helps people who suffered an auto accident injury. She works with a team of lawyers and medical doctors to ensure that the health of accident victims and their ability to get a fair settlement will not be negatively affected in any way.

Dr. Gurwinder Bath says, "We are committed to providing best-in-class chiropractic care and treatment for patients suffering from pain and discomfort in Sacramento and the surrounding areas. Our goal is to both treat joint pain and help prevent it from happening again. We want to help our patients achieve a pain-free, healthy lifestyle."

She adds, "Since joint pain, misalignments, and traumatic injuries have lasting effects on the body, we

recommend routine chiropractic care to ensure your body is in tip-top shape at all times.?

Various common conditions may be treated with chiropractic care. These include: neck pain, back pain, headaches/migraines, osteoarthritis, plantar fasciitis, abnormal posture, sacro-iliac joint dysfunction, fibromyalgia, low back pain, car-accident injuries, sciatica, muscle pain, hand/arm numbness, occipital neuralgia, radiculopathy, and Facet syndrome. Those who would like to know more about Jeeo Health Center may want to follow their Facebook page.

Services provided at Jeeo Health Center include electrical stimulation therapy, posture pump, and whole body vibrating machine (WBVM). Electrical stimulation therapy is provided using E-stim, which is an electrical muscle stimulating device. The electrical stimulation generated by E-stim contracts and releases the muscle, which serves to repair and strengthen the muscle tissues that have been injured. As such, E-stim may be used for: shoulder injury recovery, back pain relief, tendinitis relief, and knee injury recovery.

The Posture Pump® is the Jeeo Health Center's go-to solution for all posture problems. It can effectively decompress the shape of the spine and hydrate the discs and joints in the back and neck, offering a drug-free and non-invasive method for treating posture issues.

The WBVM was actually developed by NASA and the Russian space program for the purpose of counteracting the muscle atrophy caused by zero-gravity in astronauts in space. Studies have revealed that the WBVM may not only enhance muscle tone, flexibility, and strength, but also increase bone mineral density. The benefits of WBVM include: increase range of motion, increased flexibility, muscle toning, increased circulation, increased strength, and reduced low back pain.

Meanwhile, right after an auto accident, victims often don't feel any pain or symptoms possibly due to the sudden rush of adrenaline at the time of the accident. However, delaying treatment will delay the recovery process, which is why it is advisable for accident victims to get evaluated as early as possible and get chiropractic treatment. At Jeeo Health Center, they assess the injuries of accident victims, perform the required diagnostics and recommend treatment alternatives.

Jeeo Health Center also offers Driver Helpful® DOT physical exams for commercial drivers (CDL physical exam). Their provider is knowledgeable about the medical requirements and wants to help drivers maintain their livelihood. When there is a need, they guide drivers with certain medical issues through the requirements to enable them to get and maintain a current CDL medical card and continue to drive.

They also offer various types of drug/alcohol test services. These include: DOT physicals, DOT drug testing, breath alcohol testing, random drug testing pool, urine testing, hair drug testing, DNA testing, pre-employment physicals, and spirometry testing. They also offer the COVID-19 antibody test and

COVID-19 PCR test.

Those who would like to learn more about the chiropractic services offered at Jeeo Health Center may want to check out their website, or contact them on the phone or through email. To know their location and other important information, those interested may want to visit their GMB listing.

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For more information about Jeeo Health Center, contact the company here: Jeeo Health Center Dr. Gurwinder Bath (916) 550-0350 info@jeeohealthcenter.com 2628 El Camino Ave c-1, Sacramento, CA 95821, US

Jeeo Health Center

Jeeo Health Center was established in 2017 to provide custom, gentle, safe, effective and affordable chiropractic care to the community. Our goal is to help our patients achieve optimal health to live their best life.

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