



## **Next Step Recovery Spreads Awareness About Men's Addiction Saying That Recovery Is Possible With The Right Treatment**

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Next Step Recovery is an Intensive Outpatient Program for young men in the Asheville Community. It provides structured, customized 12-week programs for men between 18 to 40 years of age who are recovering from substance abuse and mental health disorders. The program is made for men who need extra clinical support to help them successfully transition out of addiction. Those interested in finding out more can visit the program's website at <https://www.nextsteprecovery.com/>.

The program's mentors say that young men suffering from addiction face unique challenges and these challenges are best addressed with unique solutions. The mentors say that the Next Step Recovery helps men reclaim lives of meaning, value, and responsibility. The addiction treatment programs for men facilitate the transition from detox or inpatient rehab to lifelong self-sufficiency. They use a combination of clinical therapy, structure, and community to establish order amidst the mental chaos of addiction recovery.

The program aims to be both companions and guides along the men's journey of recovery. The program says that they understand that every person struggling with addiction has their own journey and that addiction is best looked at as a lifelong battle. The program claims that it helps young men re-adapt to a sober lifestyle. Many suffer from a feeling of post-detox directionless. The program combats that helplessness with a sense of camaraderie and a daily routine that helps reestablish a normal rhythm along with providing ongoing clinical support. The program's main goal is to equip young men with the tools for happy, healthy lives. Further information can be found at <https://www.nextsteprecovery.com/asheville-nc/>.

The program goes on to say that compassion infuses everything that they do. The program claims to use a variety of customized strategies from structured daily life to adventure therapy in order to build bonds that help sustain long-term recovery. They say that the difference that their long-term focus on methodologies brings is apparent in their results as they take their clients to sustainable sobriety. The program offers access to both IOP and Sober Living programs that go beyond the 30, 60, and 90-day solutions to make a habit out of a healthy lifestyle. They say they focus on giving young men the skills to integrate their newfound sobriety into real life. Young men make lasting friendships that help support healthy choices for years to come. More information can be found at <https://www.nextsteprecovery.com/mens-addiction-recovery/>.

According to a spokesperson for the program, ?The most important values that we try to inculcate are camaraderie, companionship, and compassion. We believe that no one should have to fight addiction alone. Support is a crucial part of early recovery. We work hard to make it a team effort. This is where the Next Step Recovery sets itself apart. Our program equips men struggling with addiction with a support network that is going through the same thing they are going through. With staff members that have battled with addiction too, we also provide examples of healthy life after addiction. And of course, our recovery community revolves around clinical care that is so crucial to early recovery.?

According to a review by J.C., "Before coming to Next Step Recovery, my life was in tatters. I felt defeated. The first day I arrived at Next Step, I was swinging. I was so angry. I was lost, hurt, and confused. I was living in paralyzing fear; yet, this place, these people, accepted me... They have shown me that a new life is possible. The staff here helps me grow into a better man every day... I owe the person I am today to Next Step's guidance."

Another review of the program by B.D. says, "Next Step Recovery is a safe place with people I not only consider a great staff but also have come to love as family. They treated me with love, compassion, and respect. They helped me see things I couldn't; helped me grow as a person and changed my perspective on many topics. The people at Next Step will forever hold a special place in my heart."

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For more information about Next Step Recovery, contact the company here: Next Step Recovery (828) 350-9960  
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## **Next Step Recovery**

*Next Step Recovery: Recovery is the Real Adventure ??? Transitional Sober Living & Intensive Outpatient Program for Men in Beautiful Asheville, North Carolina*

Website: <https://www.nextsteprecovery.com/>

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