Revival Products Offers Soy Protein Shakes For Weight Loss

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Kernersville, NC-based Revival Products is pleased to announce that they are offering specially formulated soy protein shakes weight loss products that are made from genetically-pure soybeans. Losing weight can be a difficult task, especially when people grow older and find that they do not have enough time and drive to exercise. Revival Products provides a solution for people who wish to achieve their weight loss goals even when they are exercising less. This is in the form of their specially formulated soy products, combined with a sensible diet and proper exercise.

As noted on the company?s website, there are several studies that indicate that consuming soy protein actually helps people lose weight due to a wide variety of reasons. First and foremost, soy protein consumption helps people feel less hungry and feel more full for longer periods of time. This helps people fight off their cravings to snack at night and in between meals, which are major enemies of weight loss and dietary functions. Soy protein is also low in carbs and fat, and has a low-glycemic index. Having a low-glycemic index means that soy protein consumption will not lead to a rapid rise in blood sugar levels compared to glucose consumption. In addition, soy is a complete protein, which means that it contains all 9 essential amino acids in the right balance. In fact, it is the only complete protein that is also a plant protein.

Furthermore, the amino acids that can be found in soy protein not only help to meet the body?s dietary requirements but also ensure that consumers receive high quality protein as well as less fat and calories.

Many modern popular diets restrict essential nutrients such as carbohydrates, protein and fat. This means that these diets are not balanced and do not provide optimal nutrition. Fortunately, people who choose to take up the Revival weight loss soy diet will not have to worry about this problem as Revival?s soy products lower calories without restricting essential nutrients. Their soy products allow people to receive all the nutrition that they need while losing weight at the same time. Their products are healthy, effective and delicious.

Revival Products also offers soy products for menopause relief. Aaron Tabor, one of the founders of Revival Products, researched soy and how it can help relieve menopause hot flashes in order to help his mother (who was going through menopause). He examined multiple studies that showed that Asian women had significantly lower rates of experiencing menopausal hot flashes when compared to American women. He found that a huge factor in this disparity is the consumption of soy. American women consume very little soy when compared to Asians. However, his mother Suzanne had a hard time consuming soy as she found it too chalky and gritty. The mother and son chose to spend two years crafting the first naturally-concentrated Revival Soy blend with the help of Aaron?s medical knowledge and Suzanne?s taste buds. The end-result was a Revival soy blend that contains about the same amount of soy isoflavones as six cups of soy milk.

Revival?s soy products have received excellent reviews from many satisfied consumers. Michele G. says in a review featured on the Revival Products website, ?I received a sample. I mixed the chocolate powdered drink with some vanilla soy milk and a banana. I had a wonderful tasting chocolate/banana drink that tasted better than any milk shake I?ve ever had. I was very pleased. I found your Revival Soy products to be easy to digest and I, amazingly enough, felt relaxed and more energy immediately. I could not wait to place my first order. After receiving my first order, my entire family enjoyed the nuts, chips and drinks. I plan on becoming a family member of Revival Soy and look forward to having continued healthy success. Thank you.?

Donna B. says in another featured review, ?Although I?ve only been using your shakes and bars for less than a month, I can tell you right now that I am so pleased with the products. I have always wanted more soy in my diet but found it too challenging to prepare. Revival Products has been a real blessing for me and my husband. I am a ?hooked? customer and look forward to ordering several of your other products. I am telling all my Weight Watcher friends as well as the ladies in my quilting guild. Thank you for bringing us this quality soy.?

Those interested in Revival Products and the full range of soy based products that they offer may learn more by heading over to the company?s website. They may also contact the company?s representatives directly

for further details.

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For more information about Revival Products Inc., contact the company here:Revival Products Inc.Suzanne Tabor800-738-4825CustomerCare@Soy.com200 Peddycord Park Ct, Kernersville, NC 27284

Revival Products Inc.

Revival Soy is a brand of soy food and supplement products that help with many elements in health and fitness including the menopausal transition.

Website: https://www.soy.com

Email: CustomerCare@Soy.com

Phone: 800-738-4825