



SHADOW MOUNTAIN
— RECOVERY CENTERS —

Shadow Mountain Recovery Centers Release Information on Finding Drug Rehabilitation in New Mexico

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Taos, NM - The Shadow Mountain Recovery Center located in Taos, New Mexico, recently released information to help guide potential clients toward enrolling in effective drug rehabilitation services.

"It takes a brave person to admit substance use treatment is needed," Shadow Mountain's article stated. "Some patients have experienced a crisis...like a family member dying. Others think hiding a drug addiction is the solution."

The article details exactly how drug rehabilitation and the overall treatment at a Shadow Mountain Recovery Center will work, beginning with enrollment, moving into detoxification, and moving on to a very important question about ongoing treatment.

"Does addiction recovery cure someone of addiction?" This statement released by Shadow Mountain helps to guide any potential client in locating treatment within New Mexico by explaining multiple stages in the treatment process and focusing on the individual needs of each person.

?Addiction recovery is a way of life and not a short journey,? Shadow Mountain says. ?Once [a] treatment plan is finished...the real world is waiting. Re-entering everyday life will present [challenges] that were there before treatment.?

Their statement went on further to say, ?Shadow Mountain Recovery will assist in finding an aftercare program that can help connect with recovery alumni.? Their article details the ways each stage of recovery leads into the next and eventually sets up a client for lifelong healing.

Shadow Mountain Recovery Centers are also located in Albuquerque and Santa Fe, New Mexico, as well as in Spring Branch, Texas. Every location utilizes evidence-based treatments to guide the recovery of each individual. Shadow Mountain focuses on alternatives to 12-step treatments but can also offer 12-step treatments for any client who would find a benefit from that method.

Any patients enrolling in Shadow Mountain Recovery are given individual assessments, so all unique needs can be identified and met with the treatments that will help deliver both short- and long-term recovery. Along with therapies such as cognitive-behavioral therapy (CBT) and dialectical behavior therapy (DBT), Shadow Mountain offers activity-based therapy (ABT) to achieve these results.

By focusing on dual diagnosis treatment Shadow Mountain Recovery also offers complex treatment to patients struggling with co-occurring disorders, such as depression and alcohol addiction. Each Shadow Mountain location offers unique treatments and can help those enrolled by focusing on what affects individuals.

A client interested in contacting Shadow Mountain Recovery for potential treatment can reach out any day through their website or by calling them at (855) 266-3954.

https://www.youtube.com/embed/be_C8_-zrUU frameborder="0" allow="accelerometer; autoplay; clipboard-write; encrypted-media; gyroscope; picture-in-picture

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For more information about Shadow Mountain Recovery Intensive Outpatient Center, contact the company here: Shadow Mountain Recovery Intensive Outpatient Center 505-361-2634 info@shadowmountainrecovery.com 7005 Prospect Place NE Albuquerque, New Mexico, 87110

Shadow Mountain Recovery Intensive Outpatient Center

Shadow Mountain recovery centers are places of healing and building. We don't promise a quick fix or a luxury vacation. Addiction treatment at Shadow Mountain is different from your average drug rehab or detox program.

Website: <https://www.shadowmountainrecovery.com/albuquerque/>

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