Essential Life Boise Offers Services of Youth Chiropractor in Boise Idaho

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Essential Life Boise, a chiropractic clinic in Boise, Idaho, is pleased to announce that they are offering pediatric chiropractic care in Boise and neighboring areas. Dr. Yvonne Aicher, a fully licensed and board-certified doctor of chiropractic, wants to point out that even kids require chiropractic care. It is even possible that the first spinal misalignment occurs during birth, which is a tough process for both the baby and mother. Children who underwent chiropractic adjustments at the chiropractic clinic actually experienced optimal growth and had fewer ear infections.

Dr. Yvonne explains, ?Chiropractic care is a drug-free, non-surgical approach to healing and wellness. It restores health and prevents injury by improving the structural integrity of the body, primarily focusing on the spine. The brain communicates with the rest of the body via the spinal cord and nervous system. When functioning perfectly, this communication is uninterrupted, and the messages go to and from the brain without interference. This allows you to live your amazing life without pain and with wellness.?

Dr. Yvonne has undergone extensive training in pediatric chiropractic care. She works gently with children and she is very much aware on how to deal with kids because she has a son herself. She knows how to make children feel safe and calm and as a result, kids have experienced positive results, such as reduction in headaches, ear infections that healed naturally, relief for back pain and rib pain, and more.

Parents may want to observe whether the spine of their children is straight when they are looking at their kids from the front. This means that the head, shoulders, feet, and hips should be all lined up. And when looking at the side view of a child, the shoulders have to be back over the pelvis while the ears are back over the shoulders. If the spine is not properly aligned, certain issues can be observed, such as: the head jutting out in front of the shoulders and chest; a head that is noticeably shifted, tilted, or rotated in one direction; one hip that is turned in one direction, higher than the other, or shifted to one side; and one shoulder that is shifted to one side, turned in one direction, or higher than the other.

Aside from pediatric chiropractic care, Essential Life Boise also provides chiropractic care as a non-surgical and drug-free method for wellness and healing. They can offer treatments for auto accident injuries; cold laser therapy; treatment for disc injuries; food sensitivity treatments; the Webster technique; treatment and management of low back pain; pregnancy chiropractic care; treatment for sports injuries; headache relief; and treatment of jaw pain.

Whiplash injury usually occurs due to an auto accident. Whiplash is due to the sudden movement of the head sideways, forward, or backward, causing injury to the supporting ligaments, muscles, and other connective tissues located in the neck and upper back. The problem with whiplash is that its symptoms may only show up after weeks or even months after the accident. Unfortunately, if the accident victim only seeks medical attention after feeling the symptoms, complications may have already occurred and some of the damage may have become permanent. That is why chiropractors recommend that victims of auto accidents see a doctor or chiropractor right after the incident to check if they have whiplash injury.

Meanwhile, Essential Life Boise also offers cold laser therapy, which utilizes certain wavelengths of light to speed up the healing process. It can help in offering relief for acute pain, such as trauma or injury; relief for chronic pain, such as arthritis; reduction of edema; strong anti-inflammatory effect; and accelerating recovery of the structural integrity of the injured area.

Those who would like to know more about how a children's chiropractor in Boise may benefit their kids want to check out the Essential Life Boise or contact them on the telephone, or through email. They are open on Mondays and Wednesdays, from 9:00 am to 12:00 pm and then from 3:00 pm to 5:30 pm; on Tuesdays, from 9:00 am to 12:00 pm; and on Thursdays, from 9:00 am to 11:30 am and then from 3:00 pm to 5:30 pm.

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For more information about Essential Life Boise, contact the company here:Essential Life BoiseDr. Yvonne(208) 991-0352info@elifeboise.com2375 W. Chinden Blvd. Suite H, Boise, ID 83713

Essential Life Boise

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