Dr. Yvonne From Essential Life Chiropractic Is Offering Health And Wellness Services In Boise Idaho

January 26, 2021

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Dr. Yvonne, founder of Essential Life Chiropractic in Boise Idaho, is offering health and wellness services for those suffering from pain. Dr. Yvonne is a fully licensed, board-certified Doctor of Chiropractic who has experience working with hundreds of individuals all around the world. Dr. Yvonne also specializes in pediatric chiropractic and chiropractic for pregnant moms.

Dr. Yvonne has worked in and gained a vast amount of knowledge and experience in the field of chiropractic. She had suffered from illness for most of her life. Not one to be beaten down by pain, she picked a path to find out the truth about health. This was an attempt to understand her biggest weakness and to overcome it. She wanted her own health back. She traveled the country and world to find the best methods in health and wellness. She gained the needed knowledge, solved her own problems first, and is now on a mission to bring the same principles that got her better to the members of her community.

Dr. Yvonne lives in Boise with her husband, two children, and dogs. She is an outdoorsy person who makes good use of the terrain around Boise. She is fond of traveling, something that she grew to appreciate through her own struggles with health. On the weekends she prefers to go hiking or go up in Garden Valley. She is passionate about health and about transforming the Treasure Valley. She has dedicated her life to study, learn, and apply the best methods for getting sick people well and keeping people healthy. She loves her job because she gets to help people get their lives back through chiropractic. She says that her mission is to help others the same way that she conquered her own health problems.

Chiropractic is a drug-free, non-surgical method to improve health and wellness by improving the structural integrity of the body. Chiropractic is known to be safe for infants all the way to centennials. According to statistics from J Manipulative Physiol Ther 2007, over a 7 year study period, patients whose primary care doctor was a chiropractor had 60.2% fewer hospital admissions, 59% fewer hospital days, 62% fewer outpatient surgeries & procedures, and 85% fewer medicine costs compared to patients who only used

conventional medical care. The doctor is trained in the Webster technique which is specifically useful for pregnancies.

The clinic offers treatments for those who were in auto accidents, those with disc injuries, those with food sensitivity, lower back pain, sports injuries, headaches, and jaw pain. It also offers cold laser therapy for those who need it. They also provide cutting-edge information and advice on topics such as weight loss, fitness, sporting performance, thyroid function, heart disease, cancer, diabetes, hormone imbalance, immune boosting, digestive health, depression, and childhood disorders such as ADHD and autism.

A review of Dr. Yvonne?s treatment by Colleen Delarosa says, ?Dr. Yvonne is very caring and compassionate with her patients. She is easy to get into seeing and the staff is wonderful as well. She spends time going over your health and tells you your best treatment options upfront. If you are feeling like you are a little off, then she can get you back to where you need to be. I highly recommend Dr. Yvonne for your chiropractic needs. I continue to see her for ongoing maintenance. Great staff!?

Another review by Debbi Gerard says, ?Dr. Yvonne has helped me tremendously! She provides personal care and guides you through the treatment process. I have gone to chiropractors for years and she is the first to take X-rays, explain what is going on, and outline a treatment plan. The office environment is warm and welcoming! I highly recommend essential life chiropractic.?

The clinic is located at 12375 W Chinden Blvd suite H, Boise, ID 83713, United States. Appointments can be made on the website https://elifeboise.com. They can also be contacted to make an appointment directly at their phone number at 208-991-0352.

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For more information about Essential Life Boise, contact the company here:Essential Life BoiseDr. Yvonne(208) 991-0352info@elifeboise.com2375 W. Chinden Blvd. Suite H, Boise, ID 83713

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