Chiropractors In Phoenix Discuss the Sometimes-Unusual Nature and Symptoms of Whiplash

February 05, 2021

Tempe, Arizona - February 05, 2021 -
Tempe, Arizona-based Unity Spine & Joint is a clinic that has helped many accident victims manage their pain and take important steps on the road to recovery. As such, they have had many patients seek out their advanced treatments who are experiencing the pain and stiffness that?s often associated with whiplash trauma. It?s because of this experience, that these reputable chiropractors in Phoenix wanted to talk more about the sometimes-unusual nature of whiplash, the symptoms that go along with it, and some of the ways they attempt to treat it.

Dr. Thomas Morgan, representative of the clinics, says, ?Whiplash is one of the most challenging types of injuries for us at Unity Spine & Joint to treat. Much of that is due to such things as it?s difficult to diagnose and the fact that sometimes symptoms don?t appear for several days. It?s also very unpredictable as far as which of our treatments will work best for it and how long the healing process will take. Fortunately, we have the diagnostic equipment, experience, and wide range of treatment options in place to help our patients deal with the discomfort and other symptoms that are associated with whiplash-related injuries.?

The clinic?s frepresentative went on to say that although a large majority of their patients who have whiplash

received it in a moving vehicle accident, any event that involves the rapid and sudden movement of the neck backward and then forward in an extreme manner can cause it. When this happens, it causes the ligaments and tendons in the neck to stretch too far or even tear. Other events besides auto accidents that are known to cause whiplash include physical abuse, contact sports, horseback riding, and landing head first in a fall. He stated that some of the more common symptoms of whiplash are various intensities of neck pain and stiffness, headaches that seem to originate at the base of the skull, dizziness, constant weariness, and blurred vision. Dr. Morgan said whiplash is most often diagnosed simply by asking a patient what they remember about how they were injured and what they have been experiencing health-wise since the time of the accident. X-rays, CT scans, MRI?s, and DTI & PET tests are also often helpful when it comes to diagnosing and determining the extent of a whiplash injury.

Dr. Morgan continued by stating that the whiplash treatment in Glendale and their other clinics that they use for a patient depends on the severity of the pain and stiffness that?s associated with it. In minor cases, professional help may not be necessary and something as simple as applying hot or cold compresses to the back of the neck and taking over the counter pain killers and anti-inflammatory medications may work. For those with more severe whiplash symptoms, they should seek professional help. He mentioned it used to be that immobilization of the neck with special collars was the preferred way to treat severe whiplash but that school of thought has changed. The clinic?s founder says modern medical thinking encourages early movement to help with healing. He says that?s why they now treat their whiplash patients using chiropractic care, gentle stretching, electronic nerve stimulation, massage, and more.

Unity Spine & Joint?s representative went on to say that besides their whiplash treatments, they have had great success treating patients who are experiencing the pain that?s often associated with arm, leg, neck, back, and head injuries. They use regenerative medicine, chiropractic care, and other non-invasive and natural therapies that attempt long-term alleviation of pain instead of temporarily masking over it. Dr. Morgan stated, ?We only practice responsible pain management and pain relief. This is accomplished using our broad array of services and specialties that are not commonly found in typical pain management practices.? Patients also have the option to seek pain management treatments at one of their four different Phoenix area locations. This includes their clinics in Tempe, Avondale, Glendale, and Mesa.

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Unity Spine & Joint

At Unity Spine and Joint, we practice responsible pain management with a broad array of services and specialties. This enables us to provide you with the correct diagnostic testing, regenerative medicine, chiropractic and physical exercise modalities.

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