

New Jersey Health And Wellness Clinic The Youth Fountain Is Offering Holistic Weight Loss Treatments

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The Youth Fountain, a health and wellness clinic in New Jersey, is offering holistic weight loss treatments for patients. The clinic is spearheaded by Dr. Rada and Dr. Emil Shakov.

According to the CDC, the prevalence of obesity was 42.4% in 2017-2018, up from 30% in 1999-2000. Obesity brings along with it health conditions that can lead to premature death. These health conditions are diabetes, heart disease, stroke, and some types of cancer. In the United States alone, obesity is a contributor to anywhere from 100,000 to 400,000 deaths every year. The medical cost for people with obesity was on an average $1429 higher than one without. Apart from dangers to physical health, the stigma and ridicule associated with obesity are also known to cause psychological distress leading to poor quality of life.

Though obesity has a negative impact on one?s health it is also completely preventable through lifestyle changes that include changes in diet. The Youth Fountain believes in holistic treatment that looks at not just short term weight loss goals but prepares the patient for lifelong wellness as well. The doctors first take the

time to understand a patient?s health goals. They then quiz them about their lifestyle, trying to arrive at a treatment that will suit them the best. This attention to detail is provided to every patient. Dr. Emil and Rada understand that every patient is unique and no size fits all. The doctors then craft a treatment regiment that incorporates all the tools at their disposal. The doctors can also set up follow up appointments to monitor a patient?s progress throughout the treatment.

When asked about the clinic?s philosophy, Dr. Emil says, ?When clients come to us, they are doing so because they are looking for a change in their lives. We do our best to live up to the trust that they put in us. We listen and understand the client?s problems. We come up with solutions that best suit them on a case by case basis. The goal is to not just hit your target weight but to give you the tools to stay there for the rest of your life. Follow us on our Facebook page to stay up to date with our services.?

The Youth Fountain offers skincare treatments such as tattoo removal, IPL, laser genesis, Picogenesis, chemical peel, Dermapen, vein treatments, hair removal, and SecretRF. The clinic also offers injectable treatments such as fillers, BOTOX, Dysport, PRP, and Jeuveau. The clinic?s wellness treatments include IV Infusions, weight loss, anti-aging, hormone replacement, and peptides. They provide hair restoration treatments such as medical treatment, laser cap, mesotherapy, PRP, and surgery. They also provide body sculpting treatments such as EmSculpt, Coolsculpting, truSculpt iD, mesotherapy, and Laser Liposculpting.

Dr. Emil Shakov is a board-certified surgeon at The Youth Fountain with extensive experience and training in advanced surgical techniques, advanced aesthetics, anti-aging, weight-loss, and hair transplantation. Fellowship trained in Advanced GI, Bariatrics, and Minimally Invasive Surgery (MIS), he continued to further his training and education at The American Academy of Procedural Medicine and The American Academy of Aesthetic Medicine where he mastered aesthetic procedures, anti-aging, and medical weight-loss. Dr. Shakov brings his unique skill set to The Youth Fountain to provide a pleasant experience with the confidence you can trust.

Dr. Rada Shakov is a board-certified gastroenterologist at The Youth Fountain who specializes in all aspects of aesthetic medicine. She has extensive training in a variety of procedures and is always continuing her education to stay on the cutting edge of the newest and best practices. In practice since 2010, Dr. Shakov believes in seeing the patient as more than just their problem areas; taking an emphatic and whole-body approach.

A review of the clinic?s service by Rachel K. says, ?Dr. Rada Shakov and Dr. Emil Shakov are the finest doctors around. They are not only knowledgeable in their field but are also incredibly kind, helpful, and care tremendously about their patients. So happy with my outcome and I would highly recommend them and their

wonderful office staff to anyone. I'm so glad I found them!? More reviews can be viewed on the clinic?s GMB listing.

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For more information about The Youth Fountain, contact the company here:The Youth FountainDr. Shakov+1 732-333-5992info@theyouthfountain.com501 Iron Bridge Rd Suite 9, Freehold,NJ 07728, United States

The Youth Fountain

The Youth Fountain is central Jersey's premiere medical aesthetic spa. We are dedicated to helping you look and feel your best using the latest in anti-aging technology.

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