



Progressive Spine and Orthopaedics Offers Sports Medicine Services for Spine Injury in Englewood NJ

February 04, 2021

February 04, 2021 - PRESSADVANTAGE -

Progressive Spine and Orthopaedics, based in Englewood, NJ, is pleased to announce that they are offering medical treatments for sports-related spine injuries in Englewood and neighboring areas. Joshua S. Rovner, MD, who founded the practice, is a spine specialist who has achieved the reputation of being capable of performing advanced minimally-invasive spine surgeries. Spinal fractures are often caused by sports injuries, which could result into a number of painful and debilitating conditions, such as neck pain, lower back pain, sprains, herniated disc, ruptured disc, strains, spinal stenosis, sciatica, spinal fractures, scoliosis, cervical spinal cord injury, temporary paralysis, and spinal cord concussion.

Joshua S. Rovner, MD says, "I have experienced resolving countless sports-related spinal injuries during my several years of experience as a spinal surgeon. Nevertheless, I will never make any assumption and I will still carefully examine a patient's specific condition to make sure that every patient gets top level personalized care for the successful resolution of his or her condition."

Dr. Rovner specializes in cutting-edge minimally invasive spine surgery for the above-mentioned conditions. The advanced methods that he uses offer various benefits to the patient, including faster recovery, smaller scars, lower risk of complications, and enhanced outcomes. He also tries to use conservative, non-surgical treatments first when dealing with a sports injury, although in some instances, there is no other alternative than surgery. To know more about Dr. Rovner and Progressive Spine and Orthopaedics, people may want to follow the practice's Facebook page.

There are four common types of spine injuries incurred while playing sports. The neck "burners" or "stingers" are a kind of injury that is due to an impact to the head in which it moves to one side while the shoulder moves in other direction. This causes the nerves in the neck to get stretched or compressed beyond their usual capacity. The result is a radiating pain through an arm, which feels like an electric shock and lasts for seconds or minutes.

A second common type of spinal injury is the vertebral stress fracture, which is a tiny crack in the vertebrae caused by excessive stress. Symptoms include pain, swelling, and bruising. This kind of injury must be assessed by a spinal specialist because if it is left untreated, it can get worse.

The herniated disc is the third common type of spinal injury that is sports-related. The twisting and turning moves that often occur in different kinds of sports can cause the discs, or soft cushions between the vertebrae, to become damaged. Excess movement and pressure can lead to a herniated disc, which causes several symptoms, such as pain, numbness, weakness, and radiating pain.

The fourth common type of sports-related spinal injury is the fracture, which means that a vertebral bone has been broken. This may be caused by a severe fall or anything that has a severe impact on the spine. This is a serious condition and has to be treated immediately to prevent the nerves in the spinal cord from getting damaged. The symptoms of a fracture include severe pain, numbness, weakness, tingling, paralysis of the arms and legs, and limited motion and sensation below the point of impact.

Dr. Rovner has the technical skill and expertise to perform various kinds of spinal surgeries. One of these is lumbar spinal fusion for the treatment of lower back pain caused by a fracture, spinal stenosis, or a degenerative disc disease. He can also perform robotic spine surgery, which is a less invasive, safer, and more accurate alternative to open back surgery. He employs the Mazor Robotics System to enhance accuracy and minimize risks in various spinal surgeries, such as vertebroplasty, spinal fusion, and adult reconstructive surgeries.

Those who would like to know more about the treatments for sports-related spinal injuries may want to check

out the Progressive Spine and Orthopaedics website, or contact them on the phone or through email. To know their exact location and other essential information about the practice, people may want to view their GMB listing. They are open from 8:00 am to 5:00 pm on Mondays, Tuesdays, Thursdays and Fridays; from 8:00 am to 8:00 pm on Wednesdays; and from 8:00 am to 2:00 pm on Saturdays.

###

For more information about Joshua S. Rovner, MD, contact the company here: Joshua S. Rovner, MD Joshua S. Rovner +1 201-227-1299 patientcare@progressivespine.net 440 Curry Ave, Englewood, NJ 07631, USA

Joshua S. Rovner, MD

Dr. Rovner is board-certified by the American Board of Orthopedic Surgeons to practice in New York and New Jersey. He is an expert at Robotic Spine Surgery which "makes Spinal Surgery safer, more precise and less invasive".

Website: <https://www.progressivespine.com/>

Email: patientcare@progressivespine.net

Phone: +1 201-227-1299



Powered by PressAdvantage.com