NSR of Asheville Stresses Importance of Choosing the Right Sober Living Home for a Man?s Recovery

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NSR of Asheville, NC, wants to stress the importance of choosing the right sober living home for a man who is on the road to recovery. They provide not just a sober living house but also extended care recovery programs. According to them, it requires more than sober living housing to achieve long term success. Winning the fight against addiction will require a sober living program that can actually help men achieve success through self-love, community, and structure. They don?t just provide a ?halfway home? but in addition, they use a holistic approach to addiction treatment, providing men with the skills that they require to attain long term addiction recovery. More about their sober living program can be gleaned from https://NSRofAsheville.org/sober-living/.

Susan Stader, Founder and Executive Director of NSR of Asheville, says, ?The first few months of recovery are crucial. At NSR of Asheville, we leverage the power of community, structure, and self-love to make sustainable sobriety a reality. Taking back your life is never easy, but it is possible. We support the men in our program with both clinical therapies and genuine relationships. These bonds lift us all up as we undertake the long road to recovery together.?

NSR of Asheville is aimed at bridging the gap between in-patient detox and long-term success in recovery. This is because there are a lot of pitfalls and obstacles on the difficult path starting from being a person with addiction towards being a contributing member of society. The road to recovery can be likened to climbing up a mountain and there may even be creatures of self-contempt who will hinder a person?s progress. A person on the road to recovery has to fight all of that and the person himself has to do the climbing but NSR of Asheville will be providing help along the way.

NSR of Asheville offers transitional living for men with their Extended Care Recovery Services, which is provided through transitional living in the peaceful mountains of Asheville, patients get the best opportunity possible for achieving long-term recovery. Those who want to know more about the NSR of Asheville sober living program may also want to check out https://NSRofAsheville.org/galleries/.

It is important to realize that not all sober living programs can really be depended on. It is essential to pick a rehab aftercare program that focuses on making sobriety sustainable. To help people make the right choice, they offer a Guide to Transitional Sober Living, Rehab Aftercare, and Long-Term Addiction Support on their website.

Sober living programs are designed for people who: require more accountability as they travel through the path towards long-term sobriety; are coming from an intensive outpatient or inpatient program; are going into a more structured by independent home; and don?t have alcohol or drugs in their system at the present time.

People who want to join a sober living program need to be ?clean? or sober to get admitted. Sober living homes are a bit different from halfway houses. Men who want to become a resident of sober living homes don?t need to have completed or be active informal rehabilitation. Residents are not restricted to just a certain length of stay. They only need to continue to be sober and pay the residential fees in a timely manner.

On the other hand, halfway house residents should have finished or had active enrollment in rehabilitation. Applicants for halfway houses should also not have a criminal record, and once they have been admitted, they can only stay for a maximum of 12 months. It is important to note that sober living houses are usually more flexible than halfway houses with regards to early recovery support.

There are different kinds of sober living homes, depending on the level of support. Peer-operated homes with minimal rule requirements for becoming a resident offer level one support. Those monitored by paid staff and require therapy or a support group provide level 2 support. Those that are supervised by managed and certified staff and requires therapy or support group offer level 3 support. And those offered by a service provider with managed and credentialed staff, provide in-house services, and require therapy or support

group offer level 4 support.

Those who are interested in learning more about the sober living program of NSR of Asheville may want to check out their website at https://NSRofAsheville.org/, or contact them on the telephone at 828.350.9960.

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For more information about NSR of Asheville, contact the company here:NSR of AshevilleSusan Stadersusan@nextsteprecovery.com900 Hendersonville Rd, Ste 203 Asheville, NC 28803

NSR of Asheville

NSR of Asheville is more than Sober Living Housing, we are Extended Care. Our innovative Extended Care Model provides valuable services and programs which result in higher rates of success than traditional sober living homes.

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