Athens Whiplash Injury Chiropractor Warns Against Delaying Medical Treatment

February 10, 2021

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Arrowhead Clinic in Athens, Georgia, has recently posted a blog post advising car accident victims to seek immediate medical help for a whiplash injury. Dr. Lou Pampena is a top Athens whiplash injury chiropractor, who has many years of experience.

The leading car accident chiropractor says that whiplash can cause short-term pain, restricted movement, and long-term damage unless treated in a timely manner. Timely treatment is crucial to addressing the pain and discomfort arising from a whiplash injury. Dr. Pampena suggests seeking chiropractic treatment as the best way to recover from a whiplash injury in an auto accident. The treatment begins with a physical examination of the entire spine and neck to locate the injury. The Athens chiropractor designs a customized treatment plan depending on the injury to reduce the inflammation in the neck.

Dr. Pampena says that the prime focus of the treatment is to reduce the inflammation and then improve the spine alignment with gentle adjustments. A whiplash injury patient may have a slipped disc, and chiropractors use spinal decompression to treat such issues. Laser therapy works best for deep tissue injuries.

According to the top whiplash doctor in Athens, GA, their focus is on identifying misaligned joints in the neck using spinal manipulations or chiropractic adjustments and repositioning them.
For patients with a herniated or bulging disc, the Athens whiplash chiropractor prefers the non-thrusting flexion-distraction technique. Soft tissue therapies involve applying pressure or stretching tense muscles to restore proper muscle function.

The best whiplash doctor in Athens, Ga, may also include muscle energy therapy or different stretch-and-resist techniques, depending on the whiplash injury.

Arrowhead Clinic of Athens is a reputable chiropractic clinic that focuses on patient care. A victim of a whiplash injury can find relief in the hands of Arrowhead Clinic, which focuses on treating patient injuries and helping them return to health. They begin with an examination to diagnose the underlying cause of pain and design a treatment plan based on the injury. Patients looking for the top Athens whiplash injury chiropractors should schedule a free consultation with Arrowhead Clinic at 800-961-7246.
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For more information about Arrowhead Clinic - Athens (Affiliate), contact the company here:Arrowhead Clinic - Athens (Affiliate)(800) 961-72461500 Oglethorpe Ave STE 2400, Athens, GA 30606


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Arrowhead Clinic - Athens (Affiliate)

For over 40 years Arrowhead Clinic has provided Athens, Georgia with premier Chiropractic Care for those suffering from Back Pain, Neck Pain, Whiplash, Sciatica, and Auto Accident Injuries.

Website: https://www.arrowheadclinic.com/best-chiropractor-athens-georgia-near-me

Phone: (800) 961-7246