



## **Unity Spine & Joint Explains How Chiropractors in Tempe Provide Quick Pain Relief**

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Unity Spine & Joint has explained how chiropractors in Tempe, Arizona, are able to provide rapid pain relief in a new blog post. They are one of the leading clinics in Tempe and throughout the Phoenix Valley area for stopping pain. They provide alternative pain relief for people who are suffering from backaches, neck pain, headaches, and various other health problems. The primary approach used by chiropractors in treating patients is through the alignment of the spine via a number of adjustments. These manipulations of the lumbar spine have been proven to be safe and effective way to get rid of pain. It is important to note that chiropractic therapy is not applicable for all diseases or illnesses. However, in many instances, it can be used to reverse the cause of the pain.

Chiropractors focus on the nervous system because it is the system that controls every part of the body, from every single movement made to reflexive responses. Chiropractors usually focus on motor vehicle accident injuries based on the philosophy that an unhealthy spine is one of the primary reasons for the aches and pains that are felt in the body. As such, the adjustments made by chiropractors offer a drug-free way of getting pain relief.

Unity Spine & Joint is one of the well-known pain stop clinics in Tempe and the whole Phoenix Valley area. During initial consultation, a physical examination will be performed for the patient and the medical history will be reviewed. The chiropractor will take note of the patient's bone density and will apply gentle manipulations using the hands to offer pain relief for the damaged or injured part of the body. This non-invasive therapy will minimize inflammation and enable the joint to move in a normal way. Another approach that they may use is high-velocity adjustment where the chiropractor will quickly thrust the patient's head in such a manner that a cracking sound is heard. However, there are also other gentler adjustment techniques to provide fast pain relief.

The holistic chiropractors in Tempe will focus more on helping the patient maintain a healthy body and less on the symptoms of the pain. The comprehensive patient care that they provide is based on a natural and non-invasive way of treatment that is painless and doesn't have any side effects. While patients may experience some mild soreness, this will usually go away in just one hour or two. The experienced chiropractors will provide all kinds of non-invasive and natural treatments for getting rid of chronic pain results from accidents or illnesses.

Meanwhile, aside from Tempe, Unity Spine & Joint also provides services to residents of Mesa, Arizona. They offer a wide range of natural treatments to treat the injuries suffered by victims of car accidents in Mesa. Such accidents may result in lingering pain of the back or neck, and symptoms may include headaches, pain, muscle spasms, and other symptoms that could interfere with a person's daily life. The natural treatment alternatives available include: chiropractic therapy, physical medicine modalities, trigger point injections, medial branch blocks, low dose steroid injections, epidurals, and nerve blocks.

That the treatments they provide have been really helpful is attested to by the highly positive reviews they have received from some patients. In fact, their overall rating on Google is 4.7, which means that most of the reviews are five-star reviews. For example, Jessica N. gave them five stars and said, "Unity has helped me tremendously. Dr. Mischone is so wonderful and really listens to what is bothering me to determine the best course of action. Felt relief after just one adjustment. Randy and Samuel are great and really work the back with their mayo massages. Would highly recommend."

Those who are looking for a Tempe or Mesa pain clinic may want to check out the Unity Spine & Joint website or contact them on the phone or through email. They are open from Monday to Thursday, from 8:00 am to 6:00 pm.

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For more information about Unity Spine & Joint, contact the company here: Unity Spine & Joint Dr. Thomas Morgan 602-603-4077 tom@unitydoctors.com 4765 S Lakeshore Dr, Tempe AZ 85282

## Unity Spine & Joint

*At Unity Spine and Joint, we practice responsible pain management with a broad array of services and specialties. This enables us to provide you with the correct diagnostic testing, regenerative medicine, chiropractic and physical exercise modalities.*

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