



## **Lantern Crest Senior Living Recommends Retirement San Diego**

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The California based Lantern Crest (LC) senior living community recommends San Diego as an ideal place for retirement living. The community is a great place for older adults with individual care needs who are looking for resort-style luxury assisted or independent living apartment homes.

The LC community offers spacious facilities and exceptional amenities including delicious meals, fun activities, regular outings, a swimming pool, gardens, a putting green and more for their residents. LC also offers retirees the chance to participate in a vibrant, socially connected lifestyle with continued care for seniors. Some of the care options include assisted living, independent living and memory care. The LC community recommends learning more about what each type of residence offers in terms of services and care to determine which is right for oneself or for a loved one.

The assisted living option at the LC senior living community is for residents who would like to retain their independence but need access to 24-hour care and high-quality support with their daily activities. Individuals living in this community make their own daily schedules, choosing from a vast selection of activities, outings and events. The LC assisted living community is located in the suburbs of San Diego and offers a sunny,

small-town charm. Residents will enjoy exceptional care and safety that allows them to pursue fulfilling activities and social connections.

Residents also have a choice between a studio or one-bedroom floor plan for luxury living that suits their needs. The community offers several facilities, such as a resident-centered personal care plan; weekly housekeeping, linen and personal laundry service; and 24-hour emergency response services. Amenities such as cable television, wi-fi and transportation are also available. The LC community is also pet-friendly, ideal for individuals who do not wish to part with their pets as well as for those who are considering one. Learn more here: [Retirement Living San Diego](#).

Residential Care Facilities for the Elderly (RCFEs), also called Assisted Living facilities, are places that offer personal care and supervision. These facilities are for those who cannot or choose not to live independently. Assisted living communities offer a wide range of options in terms of the level of care and diversity of services. The LC community also takes great care in making provisions for the social wellbeing of their residents as well. They offer assistance with meals, housekeeping, supervision and storage and distribution of medication. Depending on a person's needs, LC can provide them with basic personal care assistance that includes dressing, eating, bathing and transferring. Assisted living at LC is for those who want independence and do not need 24-hour nursing care. It is ideal for those who need access to a certain level of care and supervision and are unable to live fully by themselves. The LC community has on-site around the clock trained staff to provide services if needed.

All services and activities that are provided or arranged for in the LC assisted living facility are designed to promote independence and quality of life for all residents. Each and every resident at LC receives individualized services to help him or her live successfully in the assisted living community. Services can include coordination of a resident's own health care provider for medical and dental needs outside of the community. Arrangements may include the supervision of medications and provision of personal care assistance. To quote the LC website, "If one day a resident can take care of their own dressing and grooming, their independence is encouraged. If the very next day they need assistance, help is available. Monitoring of the resident's activities to ensure the health, safety and well being is the goal."

A perk of being at the LC community is easy access to some of the best places in San Diego. San Diego is a great place to retire to, with 55 communities full of activities and clubs that can cumulatively meet any person's varied interests and lifestyles. The LC facility provides many recreational facilities and if that is not enough, there is the city of San Diego itself. Football and Baseball games, the ocean, theater, Balboa Park, SeaWorld, the San Diego Zoo and great restaurants are available to retirees who want to lead an active lifestyle.

To learn more about the LC senior living community, one may visit their official website. For further inquiries, the LC community may be contacted via phone or email.

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For more information about Lantern Crest Senior Living, contact the company here: Lantern Crest Senior Living  
Kaan Ciftci 760-681-1047 kaan.ciftci@lanterncrest.com 800 Lantern Crest Way, Santee, CA 92071

## **Lantern Crest Senior Living**

*Lantern Crest is a Premier Senior Living Community in East San Diego County dedicated to ensuring the Happiness.*

Website: <https://lanterncrestseniorlivingsantee.com/>

Email: [kaan.ciftci@lanterncrest.com](mailto:kaan.ciftci@lanterncrest.com)

Phone: 760-681-1047

