New Perspectives Offers New Approach To Life Coaching for Young Adults

February 24, 2021

February 24, 2021 -
January 2021, Heber, UT ? Utah-based company New Perspective (NP) offers a unique approach to Independent Living for Young Adults. New Perspective offers support for neurodiverse young adults.

The New Perspectives model is centered around the relationship between students and members of the NP team. Upon arrival, each student partners with a "New Perspectives Certified Life Coach," and together, they work to identify needs, goals, and desired outcomes. This motivational approach employed by New Perspectives is based on current research and best practices.

Rather than isolating students from real-life situations and experiences, they immerse young adults in the local community. Using this approach allows students to feel engaged in living real life, starting on day one.

Meanwhile, New Perspectives offers a varied team of experts catering to diverse young adult needs." Our team of specialists are passionate about providing life coaching support to young adults with learning differences in ways that build on strengths and dreams," the company says.

They have a Life Coaching team that partners with students in examining where they are at now and where they want to be. They help identify challenges and develop a plan of action to create the life the student wants.

New Perspectives also have a Mentoring Team providing Social and Recreational Mentoring and Residential Mentoring. In social and recreational mentoring, mentors help students find ways to relax, unwind, and stay balanced. On the other hand, residential mentoring helps students overcome their fear of first time living independently. Mentors serve as a supportive apartment-mate for them.

The company also has a Clinical Team made up of therapists who specialize in supporting neurodiverse young adults. They offer experiential therapy, mindfulness, mind-body bridging, art therapy, and other techniques suited for the student's needs. The clinical team is on call and available to students for in-the-moment support.

Likewise, New Perspectives also provides support to students seeking to further their academic progress. They have a trained and experienced academic team helping students who are either starting college, finishing high school, enrolling in a technology college, or other vocational training. The academic team provides educational assessment, career counseling, executive functioning, tutoring, and accessing school resources.

The New Perspective also has an Employment and Career Team for those facing challenges finding satisfying employment and meaningful careers. Their team supports various students' employment needs, including job coaching, career exploration, and entrepreneurial and skill-building projects.

Lastly, New Perspective values the essence of recreation; thus, they also have a Recreation Team providing both opportunities for new experiences and ensuring students feel supported in pursuing personal interests and passions.

Located at 520 North Main Street, STE 536 Heber City, UT 84302, New Perspectives, Life Coaching for Young Adults helps them claim their happiness. For more information and to see a complete list of packages, clients may visit their new website at https://npya.net/.

###

For more information about NEW PERSPECTIVES, contact the company here:NEW PERSPECTIVESDawn Bauer888-859-6792info@npya.net"520 North Main Street, STE 536Heber City, UT 84302"

NEW PERSPECTIVES

The New Perspectives Model is centered around the relationship between student and members of the NP team. Upon arrival, each student partners with a ?New Perspectives Certified Life Coach?.

Website: https://www.npya.net/

Email: info@npya.net

Phone: 888-859-6792