

## Potent Nutrients Reveals Studies Showing Testosterone Is Not Just About Sex

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Potent Nutrients, a San Diego, California based company, has recently released information about testosterone and how it affects both men and women. The company states that recent studies show that there are other issues to consider when increasing the production of this hormone, aside from the usual relationship between testosterone and sex.

Company spokesperson Michael Jennings explained, "Men particularly who have lower than normal levels of testosterone can experience symptoms such as hot flushes, worry, fear, depression, decreased muscle tone, poor concentration, and various other issues."

After testing for hormone levels, the studies show that it is advisable for those who find that they are in the lower one-third range to speak with their doctor about ways of increasing their testosterone. Being in this lower than average category means reduced mortality, lowered cognitive ability and memory, and a higher risk for increased fat and decreased lean muscle growth.

Sex drive and testosterone have long been considered to be linked. However, newer information also shows

that producing adequate levels of this hormone can also promote stronger bones, which is an especially important factor in women. Testosterone can also improve libido, heighten better moods and alleviate depression, and promote a deeper and better sleeping pattern overall.

Meanwhile, Potent Nutrients offers a natural testosterone supplement, which has been found to help boost testosterone levels organically and effectively. "We're having a limited time sale," states Michael Jennings.

"Customers can get our product, which is normally priced at \$29.95, for just \$19.95 right now through the

Amazon marketplace." The company wants to stress that this is a limited time offer and prices of the product

will return to normal in the near future.

Potent Nutrients has also released information about the hormone and its effects on the human body, in both

men and women. They state that the benefits of raising production levels can lead to a healthier lifestyle and

general wellness, and should not be ignored. More about the hormone and how it can affect men and

women, as well as a complete listing of the products supplied by the company, can be seen on their official

website.

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**Potent Nutrients** 

Specializing in high-quality dietary supplements.

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