



Asheville Addiction Treatment Facility Launches Spring Into Sobriety Campaign

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Next Step Recovery in Asheville, North Carolina, has announced their, "Spring Into Sobriety" campaign where they urge those in the area to make the decision to heavily focus on sobriety this Spring. The addiction treatment center provides services that are specifically designed to help men to overcome their addictions.

A spokesperson for the facility says, "Spring is the time for new beginnings and we want to invite those with addictions to spring into your Sobriety with us in Asheville, NC. We are considered one of the best men's recovery programs in the United States because we know that men face unique challenges with regards to overcoming their addictions. We invite everyone to learn more about our programs by visiting our website." Those interested in doing so can learn more at <https://www.nextsteprecovery.com/>.

Addiction treatment programs at Next Step Recovery are designed to help men to transition from inpatient programs to outpatient care. The programs focus on clinical aspects of overcoming addiction, but they go far beyond that to further include community support. The programs are designed to help men not only

overcome their addictions, but to learn to maintain their sobriety for the remainder of their lives.

"Addiction of any kind is not an easy thing to overcome," says the facility's spokesperson. "One needs more than just clinical help, which is what our programs entail. We combine the clinical side of addiction recovery with the tools and support that these men need to maintain their sobriety."

Statistics on the number of those with addiction who "fall off the wagon," are not favorable for the most part, and particularly so for men.

<https://www.nextsteprecovery.com/why-us/> shows men why Next Step Recovery is a better choice when it comes to the long-term aspects of sobriety. The facility enlists programs such as adventure therapy to help men to learn to cope with their lack of substances. Adventure therapy may include activities such as hiking, zip-lining, white water rafting, and even paintball to help these men to learn to enjoy their lives and look forward to their futures without substances.

"The sad truth is that many men who succumb to addiction do not really see anything in their futures to give them hope," says the facility's spokesperson. "Men who are addicted often feel as if they have lost everything. Their families may be gone. They likely have lost their jobs. Their futures simply look bleak, which is what our programs are designed to offset. We want these men to know that there are futures ahead for them. They just have to want to grasp those futures and our job is to help them to do just that."

Next Step Recovery has a 12-week intensive outpatient program that can help men in the area to transition to daily living. The program includes one-on-one therapy, as well as, job search assistance, alcohol screening, transportation, weekly onsite counseling, relapse prevention therapy, and a number of stress management tools that are designed to help those in the program to be successful. In addition, the facility provides additional therapy types including yoga, meditation, dual diagnosis, Brazilian jiu-jitsu, and many others. All therapies and programs are specifically designed to assist men in their goals of overcoming their addiction and staying sober.

Those who are interested in learning more about Next Step Recovery can visit them online at <https://www.nextsteprecovery.com/asheville-nc/> or contact them directly by phone at 828-350-9960. The facility spokesperson states that they offer their services outside of their local area, as well as, those in Asheville. Anyone interested in learning more about what it may take to schedule a consultation can reach the company using their online contact form. Those currently suffering from addiction or loved ones of those who are addicted are urged to reach out to the facility to learn more about how they can help to overcome addiction and ensure lifelong success with sobriety.

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For more information about Next Step Recovery, contact the company here: Next Step Recovery (828) 350-9960
Next Step Recovery 900 Hendersonville Rd Ste 203 Asheville, NC 28803

Next Step Recovery

*Next Step Recovery: Recovery is the Real Adventure ??? Transitional Sober Living & Intensive Outpatient Program
for Men in Beautiful Asheville, North Carolina*

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