Revival Products Shares Insight On Their Soy Shakes For Weight Loss

March 18, 2021

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Kernersville, North Carolina based Revival Products is reaching out to the community to shed light on how their soy shakes for weight loss work. Given that this is one of the most common questions that their team receives, the company decided to address this topic of interest as part of their campaign to raise awareness and help educate the community about the benefits of weight loss protein shakes.

"While weight loss shakes have gained popularity over the past few years, we have noticed that there is still a significant degree of uncertainty and general lack of knowledge about whether these protein shakes work. It is also largely unknown how exactly they function," states Suzanne Tabor of Revival Products. This led to the company increasing their efforts to help the community gain a better understanding of their products. To clear all of these doubts, their team put together a new resource on their website where they explain the benefits of weight loss proteins as a whole. This resource also shares details about their very own weight loss shakes.

Revival Products explains that there is a significant amount of research that supports the claim that soy protein can help the consumer lose weight. This is in part because soy protein is an excellent source of high-quality protein that can help build lean muscle mass while also providing a good source of energy from

calories and branched-chain amino acids. When combined with exercise and a healthy diet, soy protein makes an excellent partner in a successful diet plan.

Soy proteins offer other benefits that help in losing weight, making them one of the best supplements to take. Recent medical studies show protein helps the consumer feel less hungry and helps them feel fuller longer. This helps reduce the urge to snack between meals and late at night ? two major causes of weight gain and dietary failure. The company notes that their soy proteins have a low-glycemic index. Unlike glucose and other sweeteners, this means that they will not cause a rapid rise in blood sugar levels after consumption.

Soy protein is also the only plant protein that is a complete protein, which means that it contains all nine essential amino acids in the right balance to meet the body?s needs. It provides the highest quality protein available, with less fat and fewer calories than many types of meat. Genetic modifications are also not an issue, as the Revival Products shakes are produced from genetically-pure soybeans. They are also gluten free soy shakes, and all of their products (including bars and chips) meet the FDA's criteria for heart-healthy soy foods.

In addition to all of the benefits listed, Revival Products explains that losing weight with their soy shakes is also easy and simple. They explain that one only needs to consume one of their naturally-concentrated Revival protein bars or protein shakes containing 20 grams of protein once or twice daily with a multivitamin. This is enough to help reduce the urge to snack between meals and late at night, depending on the time it is consumed. However, they note that these products are better used as a complement to another dietary program rather than one's sole nutritional source. They help boost protein intake and increase energy, and they can be used as part of any diet plan.

Tabor states, "When combined with exercise and diet, our weight loss soy proteins can produce significant results in a short time. Even a regular walking plan, supported with protein to reduce hunger, will produce results. However, we recommend that you eat at least five servings of antioxidant-rich fruits and vegetables, stick to complex carbs and whole grains, reduce fat intake and eat smaller portions."

Revival Products? shakes have led to several customer success stories that back up the efficacy of their products. These are highlighted on their website, where the company shares comments and inspiring stories from customers who had their lives positively impacted by their soy protein shakes. They invite those interested in their products to visit this space for referrals.

More information regarding Revival Products? products can be found on their website as well. Interested parties may also reach out to Suzanne Tabor to follow up on any further inquiries.

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Revival Products Inc.

Revival Soy is a brand of soy food and supplement products that help with many elements in health and fitness including the menopausal transition.

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