

**Because there is
no gym for your
wrinkles...**



Anand Medical Spa: Botox Is Not Just For Women

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New York, NY based Anand Medical Spa is taking steps to dispel the misconception that botox is only for women. The medical spa is dedicated to ensuring that their patients' concerns are taken care of and their beauty and wellness goals are achieved.

Dr. Sunanda Chugh, founder and medical director of Anand Medical Spa, says, "Confident, beautiful, uniquely you. That is how I want you to feel, no matter whether you are a man or a woman. Sadly, there is a common misunderstanding that Botox, among other similar treatments, is "only for women". However, that is not true, and Anand Medical Spa is aware that preserving your good looks knows no gender."

Botox can be used by either gender to treat very specific and targeted areas of aging on the face. It is a localized treatment that works to minimize lines and wrinkles in the area where it is injected. Some of the most common areas of the face that can be treated with Botox include vertical lines/frown lines between the eyebrows, forehead or worry lines, crow's feet around the eyes, bunny lines on the nose, corners of mouth for downturned smile and vertical neck bands. Many other areas can be treated in the same way, though patients are advised to discuss their options with a professional before pursuing a treatment.

As Anand Medical Spa explains, Botox is a purified protein that comes from the *Clostridium botulinum* bacterium. When it is injected into a muscle, it stops the nerve impulse from reaching the muscle, thus preventing it from contracting as strongly. This causes the muscle to weaken and relax, allowing the overlying skin to soften and causing wrinkles in the area to disappear. Botox has been in use for many years and is approved by the FDA for the treatment of numerous areas.

With 14 years of experience in Aesthetic Medicine, Dr. Chugh is considered one of NYC's premier doctors in the field. She has been practicing in New York City since 2004 and is a Cornell University graduate as well as a Board Certified physician. Dr. Chugh completed her training at St. Luke's Roosevelt Hospital/Columbia University College of Physicians & Surgeons. She is also a member of the American Academy of Aesthetic Medicine, the American Medical Association, the American Board of Internal Medicine and the American Academy of Anti-aging and Regenerative Medicine. Dr. Chugh treats national and international patients alike, including celebrity models, actors, speakers, reporters, make-up artists and fashion designers. More information about Dr. Chugh and Anand Medical Spa can be found among their GMB posts.

The services provided by Dr. Sunanda Chugh and her team at Anand Medical Spa has allowed them to earn excellent ratings and reviews from their clients. On the Google platform, Anand Medical Spa has a stellar rating of 4.8 out of 5 Stars. In a recent review, Hannah H. writes, "I've been coming to Dr. Chugh for about 2 1/2 years and have actually now moved but plan to make the trip back to NY for my Botox appointments. She's incredibly friendly, knowledgeable and makes you feel comfortable throughout the procedures. I also never feel rushed and feel like I can ask any questions I may have. My results are natural, and I've gotten so many compliments and told multiple people about her. Definitely recommend it!?"

In another review, Maya M. says, "I had a very thorough consultation with Dr. Chugh. She actively listened to my skin concerns and made recommendations based on what I want to achieve around my eye area rather than trying to sell me on procedures, like I've experienced elsewhere. I like that she suggested the gentler, less invasive options first, really understanding my preference for surface level treatments. I feel very confident that Dr. Chugh understands my skin and am looking forward to the results she can help me achieve."

Learn more about Anand Medical Spa, their history in the field and their wide-ranging services at their official website. Those interested may reach out to Dr. Sunanda Chugh via email or phone to follow up on any further inquiries. Additionally, social media users may follow Anand Medical Spa on their preferred platforms in order to stay abreast of their latest activities, announcements and offers. Find them on their Twitter, Facebook page and other platforms.

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For more information about Anand Medical Spa, contact the company here: Anand Medical Spa Dr. Sunanda Chugh +1 212-653-0366 info@anandmedicalspa.com 635 Madison Ave, New York, NY 10022, United States

Anand Medical Spa

Anand Medical Spa's mission is a holistic approach to beauty incorporating anti-aging services and products including Botox, Dermal Fillers, Ultherapy, Chemical Peels, and more.

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