



## **Continuing Support from WhiteSands Alcohol and Drug Rehab Helped this Clearwater Man Maintain Sobriety Long After Rehab Was Over**

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Clearwater, FL- When Phillip, a resident of Clearwater, realized addiction was taking over his life, he sought help from WhiteSands Alcohol and Drug Rehab near Tampa. Addiction was devastating his relationships, career goals, and aspirations. It became clear to him that he was powerless over his addiction and that his life had become unmanageable. The Clearwater addiction treatment location was instrumental in his recovery.

Fortunately, Phillip found effective ways to manage his addiction and take back his life. He recently left WhiteSands a five-star Google review in which he praised the center's ongoing outpatient and aftercare programs and thanked them for saving his life.

WhiteSands is an addiction treatment center that provides comprehensive holistic care with the goal of giving patients the best chance at sustaining long-term sobriety. Addiction is a chronic and relapsing disease

requiring ongoing support and dedication in order to manage it properly. WhiteSands helps patients like Phillip not only get clean in the first place but to learn how to manage the disease of addiction for the rest of their lives ensuring they have plenty of resources, tools, support, counseling, and guidance.

In his review, Phillip said, "There was a smooth transition from inpatient to outpatient. My case manager, Andrew, gave me plenty of aftercare resources to take with me when I left. I am grateful there was an outpatient office so close to my house. Thank you, WhiteSands, for saving my life."

Providing the full continuum of care in addiction treatment allows WhiteSands to cater to the needs of clients at every stage of the recovery process. Levels of care WhiteSands offers include Inpatient Medically Assisted Detox, Residential/Intensive, Inpatient Treatment, Day-Night Treatment (transition from inpatient to outpatient environment with housing), Intensive Outpatient Treatment with Residence (IOP) for further transitioning.

To support patients after inpatient treatment, WhiteSands also operates a large network of outpatient treatment facilities across the state of Florida. By providing outpatient care in 19 cities and towns, patients can seamlessly transition to ongoing support that's conveniently located close to home. Before being discharged from inpatient care, patients work closely with their case managers to set up a robust outpatient and aftercare treatment plan to make the transition seamless.

The time when a recovering addict first leaves the protected environment of inpatient rehab can be a vulnerable one. During this period, coping skills and trigger management strategies are put to the test as people learn to transition back into the responsibilities of daily living without drugs and alcohol.

WhiteSands maintains a high success rate of helping patients achieve long-term sobriety. This is thanks in part to the fact that patients receive excellent quality care and an abundance of tools, resources, and life skills to support them throughout their recovery journey from their first phone call to long after they leave rehab.

To anyone who is struggling with addiction, reach out for help. WhiteSands can be contacted anytime day or night at (877) 974-3031 or online at [www.whitesandtreatment.com](http://www.whitesandtreatment.com).

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For more information about WhiteSands Alcohol & Drug Rehab Clearwater, contact the company here: WhiteSands Alcohol & Drug Rehab Clearwater Ryan Monesson (727) 270-9970 [rmonesson@wstreatment.com](mailto:rmonesson@wstreatment.com) 1932 Drew St, Clearwater, FL 33765

## **WhiteSands Alcohol & Drug Rehab Clearwater**

*WhiteSands Alcohol & Drug Rehab Clearwater is the #1 addiction treatment center in Clearwater Florida. From detox to rehab, WhiteSands has locations throughout Florida offering a full continuum of care.*

Website: <https://whitesandstreatment.com/locations/florida/clearwater>

Email: [rmonesson@wstreatment.com](mailto:rmonesson@wstreatment.com)

Phone: (727) 270-9970

