Chiropractors in Tempe Are Capable of Offering Fast Pain Relief

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Unity Spine & Joint, a chiropractic clinic in Tempe, AZ, is pleased to announce that their chiropractors in Tempe are able to provide fast pain relief using chiropractic techniques. Chiropractic care is a kind of alternative therapy that is focused on the diagnosis and treatment of the spinal and musculoskeletal system. The treatment involves aligning the spine through small adjustments. The manipulations that the chiropractors perform on the lumbar spine have been observed to be a safe and effective for getting rid of pain.

Chiropractors are able to provide pain relief by eliminating the cause of the pain, whereas pain medication will only treat the symptoms. Chiropractic practitioners focus on the nervous system because it is where everything in the body is controlled. Using a drug-free and holistic approach, the chiropractors focus more on how the patient can maintain a healthy body and less on the symptoms of the pain. As such, every method they use is painless and free from any side effects. While some patients may feel some mild soreness, this typically subsides in an hour or two.

When managing chronic pain, the chiropractors will combine different types of therapies, including physical

medicine modalities, transcutaneous electrical nervous stimulation (TENS), core strengthening, and assisted stretching. While chiropractic care may also be beneficial for other illnesses, it has been observed to be primarily useful for those who are suffering from back, neck, or joint pain. Nevertheless, chiropractic care is no longer just used for relieving pain in the neck or back. At pain stop clinics, chiropractors also provide therapies for other conditions, such as chronic migraines, fertility issues, PMS, ear infections, and car accident injuries.

Chiropractic care can help people who have incurred injuries, such as whiplash from an automobile accident. The chiropractors have the knowledge and the experience on how to offer pain relief for patients with whiplash symptoms. Car accidents may also cause lingering pain of the neck or back, and the symptoms may include headaches, muscle spasms, pain, and other symptoms that could decrease an individual?s daily life. The natural treatment alternatives that they may offer include: chiropractic therapy, trigger point injections, medial branch blocks, physical medicine modalities, epidurals, nerve blocks, and low dose steroid injections.

Pregnant women may also benefit from alternative treatments to decrease the discomfort they feel in their hips and joints, and in easing their labor pain. Also, when the spinal cord is not properly aligned, a person can suffer from muscle stiffness, pinched nerves, and many other issues. Chiropractic therapy may help a person in maintaining good health and well-being, allowing him or her to have a better quality of life.

Chiropractic care has been shown to enhance a person?s mood while reducing discomfort and stress. In addition, by understanding the root cause of the pain or condition, the chiropractor may not just provide relief for the pain but may also offer treatment for anxiety and other symptoms that are connected to chronic pain. For instance, people who suffer from anxiety or panic disorders may also be suffering from neck pain or migraines, which may be due to tension in the spinal cord. The chiropractor will first examine a person?s anxiety disorder and get a better understanding of the stress or tension that he or she is experiencing, before performing spinal realignment to assist the body in supporting itself in a healthier way. By applying spinal adjustment methods, the person?s chest will open up and he or she will feel more confidence without tensions or anxiety.

During the initial consultation, a chiropractor will conduct a physical examination and then review the patient?s medical history. The patient? bone density will be noted and the chiropractor will use the hands to apply gentle manipulations. This non-invasive treatment method will reduce inflammation and allow the joint to move in a normal manner. The chiropractor may also apply high-velocity adjustment where the patient?s head is quickly thrust in such a way that a cracking sound is heard.

Those who are looking for a pain clinic in Mesa and neighboring areas may want to check out the Unity Spine & Joint website or contact them through the telephone or via email. They are open from Monday to Thursday, from 7:00 am to 5:00 pm; and on Fridays, from 8:00 am to 11:00 am.

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For more information about Unity Spine & Joint, contact the company here:Unity Spine & JointDr. Thomas Morgan602-603-4077tom@unitydoctors.com4765 S Lakeshore Dr, Tempe AZ 85282

Unity Spine & Joint

At Unity Spine and Joint, we practice responsible pain management with a broad array of services and specialties. This enables us to provide you with the correct diagnostic testing, regenerative medicine, chiropractic and physical exercise modalities.

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