



## **Melbourne Man Thanks WhiteSands Alcohol and Drug Rehab as He Celebrates 14 Months of Sobriety**

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Melbourne, FL - Matthew, a resident of Melbourne, FL, struggled with alcohol abuse for a long time. Eventually, he reached a point where he recognized that his life had become unmanageable. He knew he needed to get help but didn't know where to turn. Fortunately, he discovered WhiteSands Alcohol and Drug Rehab and was able to transform his life and achieve lasting sobriety. He was so moved by his experience at WhiteSands, he left the addiction treatment center in Melbourne, a five-star review on Google.

"I had to get out of where I was because my life was becoming unmanageable due to me drinking. I didn't know where to go until I found this place on Google and it changed my life from that call on. They treated me with dignity and respect and helped me get into their inpatient treatment," Matthew said.

According to Joe Ducey, WhiteSands' Chief Operating Officer, "WhiteSands was built with the goal to elevate the standards of care in addiction treatment, to ensure that we are giving patients the best possible chance of sustaining long-term sobriety."

The addiction treatment center appears to be living up to its goal. In addition to receiving hundreds of five-star reviews from patients like Matthew online, the rehab was recently ranked the number one addiction treatment center in the state of Florida by Newsweek magazine.

Some of the ways that WhiteSands is raising the bar in the field of addiction treatment include providing individualized treatment programs designed to meet the unique needs of each patient, employing board-certified medical staff onsite full time, offering patients an extended slow taper off of alcohol and narcotic drugs, maintaining a low patient to therapist ratio, offering state of the art amenities and holistic therapies, and focusing on the comfort safety and wellbeing of their clients in everything they do. WhiteSands abides by the philosophy that "a comfortable guest makes for a successful patient". They have found in their experience that when patients feel comfortable and well cared for, they are far more open and receptive to treatment.

For recovering addicts like Matthew, the period of time just after completing a residential treatment program for drug and alcohol addiction can be an especially vulnerable one. This is the time when a person leaves the insulated environment of an inpatient treatment center and integrates back into the world outside. During this time, people must draw upon all the skills and tools they learned in rehab to stay on track in their recovery and prevent a dangerous relapse.

After attending WhiteSands' inpatient addiction treatment program near Tampa, Matthew received the strong aftercare support he needed to feel confident and succeed in his early recovery.

"[They] set me up with an aftercare plan" fast forward 14 months and I'm still happily sober using the tools WhiteSands gave me!" he said.

For anyone struggling with alcohol or drug addiction, WhiteSands is available 24/7 to answer questions and provide support. They can facilitate the process of getting into an addiction treatment program right away. Call (877) 640-7820 or find them online at [www.whitesandstreatment.com](http://www.whitesandstreatment.com)

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For more information about WhiteSands Alcohol & Drug Rehab Melbourne, contact the company here: WhiteSands Alcohol & Drug Rehab Melbourne (321) 265-3154 1220 Prospect Ave Suite 291, Melbourne, FL 32901

**WhiteSands Alcohol & Drug Rehab Melbourne**

*WhiteSands Alcohol & Drug Rehab Melbourne is the #1 addiction treatment center in Melbourne Florida.*

*WhiteSands offers hope and healing. Call now to speak to someone.*

Website: <https://whitesandstreatment.com/locations/florida/melbourne/>

Phone: (321) 265-3154

